

Mei Lan Mei Lan Wo Ai Ni

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Molly Yeoh (MY) - February 2018
音乐: Mei Lan Mei Lan Wo Ai Ni (梅蘭梅蘭我愛你) - Anna Lin (林淑容)



Intro: 32 count - No Tag No Restart!

Section 1: FORWARD ROCKING CHAIR, HIP BUMP, BACK ROCKING CHAIR, RIGHT TOUCH

1 2 3 4 Right forward rock recover on L, R back rock recover on L with a hip bump@4
5 6 7 8 Left rock back recover on R, L step fwd or slightly cross over R, R touch to R

Section 2: STEP TOUCH TWICE, BACK STEP ¼ LEFT TURN SHUFFLE FORWARD

1 2 3 4 R step down @ 1 hip roll point L fwd@2, L step beside R hip roll point R fwd
5 6 7&8 R step back, ¼ L turn, L step fwd, R shuffle fwd
(or R step back, ¼ L turn, L closed beside R, R shuffle fwd)

Section 3: TRIPLE STEPS, LEFT ½ TURN, ½ TURN TWICE, TOUCH(POINT) HIP BUMP TWICE

1 2, 3 &4 L fwd recover on R, ½ L turn with triple tiny steps LRL (face 3 o'clock)
5 6, 7 8 R fwd hip bump @5 and step down with ½ L turn@6, L ½ turn L step back hip bump @7and
step down@8

Alternative steps (Right toe strut 5 6, left toe strut 7 8)

Section 4: FWD STEP DOWN, ½ TURN STEP TOUCH, JAZZ BOX

&1 2, & 3 4 R step fwd @ &, L touch beside R @ 1 hold 2, 1/2 L turn, L step fwd @&, R to point R @ 3
hold 4 (face 9'o clock)
5 6 7 8 R cross over L, L step back, R step beside L, L step fwd

NOTE: As the music tempo easily fix to steps, therefore no Restart or Tag for beginners to enjoy!

*I have input part B (for more variation to the dance) as Improver level and will release very soon!
Enjoy this dance!

...and I hope you will enjoy the coming Improver version too!

Thank you very much!

Contact: suanyeoh@hotmail.com

Last Update - 13th March 2018