

Women, Amen

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Hiroko Carlsson (AUS) - February 2018
音乐: Woman, Amen - Dierks Bentley : (iTunes)



(32 count intro / Start on vocals)

[S1] Side, Tog, &, Side, Scuff, L Rocking Chair

1 2& Step R to right side, Tap L toe next to R, Step L together
3 4 Step R to right side, Scuff L
5 6 Rock/step L forward, Recover weight on R
7 8 Rock/step L back, Recover weight on R (12:00)

[S2] Step-1/4R Pivot, Syncopated R Weave, Fwd Rock, Back, Cross

1 2 Step L forward, Make a ¼ turn right recover weight on R
3&4& Cross L over R, Step R to right side, Step L behind R, Step R to right side
5 6 Rock/step L forward, Recover weight on R
7 8 Step L back, Cross R over L** (3:00)

[S3] L Side Shuffle, Rock Back, &, Rock Back, L Side Shuffle

1&2 Step L to left side, Step R next to L, Step L to left side
3 4& Rock/step R back, Recover weight on L, Step R to right side
5 6 Rock/step L back, Recover weight on R
7&8 Step L to left side, Step R next to L, Step L to left side (3:00)

[S4] Cross Rock, 1/4R Shuffle, Step-Pivot 1/2R, R Full Turn

1 2 Rock/cross R over L, Recover weight on L
3&4 Make a ¼ turn right stepping R forward, Step L next to R, Step R forward
5 6 Step L forward, Make a ½ turn right recover weight on R
7 8 Make a ½ turn right stepping back on L, Make a ½ turn right stepping forward on R (12:00)

[S5] Side, Kick, R Sailor Step, Cross, Hold, &, Heel Jack, &

1 2 Step L to left side, Kick R diagonally forward
3&4 Cross R behind L, Step L to left side, Step R to right side
5 6& Cross L over R (5), Hold (6), Step R next to L (&)
7&8& Cross L over R, Step R to right side, L Heel diagonally forward, Step L next to R (12:00)

[S6] Cross, Hold, &, Heel Jack, &, Box 1/4L

1 2& Cross R over L (1), Hold (2), Step L next to R (&)
3&4& Cross R over L, Step L to left side, R Heel diagonally forward, Step R next to L
5 6 Cross L over R, Make a ¼ turn left stepping back on R
7 8 Step L to left side, Step R forward (9:00)

[S7] Dorothy Step LR, Step-Pivot 1/4R, Cross Shuffle

1 2& Step L forward, Lock R behind L, Step L forward
3 4& Step R forward, Lock L behind R, Step R forward
5 6 Step L forward, Make a ¼ turn right recover weight on R
7&8 Cross L over R, Step R close to L, Cross L over R (12:00)

[S8] 1/4L Back, 1/4L Side, R Kick Ball Step, Box Step

1 2 Make a ¼ turn left stepping back on R, Make a ¼ turn left stepping L to left side
3&4 Kick R forward, Step R next to L, Step L forward

5 6 Cross R over L, Step L back
7 8 Step R to right side, Step L next to R (6:00)

Restart: On wall 2, count 16 with step change**

13 14 Rock/step L forward, Recover weight on R
15 16 Make a ¼ turn left stepping L to left side, Touch R next to L (6:00)

Tag: 8 count - End of Wall 5

1 2& Step R to right side, Tap L toe next to R, Step L together
3 4 Step R to right side, Touch L next to R
5 6& Step L to left side, Tap R toe next to L, Step R together
7 8 Step L to left side, Touch R next to L (12:00)

**Please feel free to contact me if you need any further information. (hirokoinedancing@gmail.com)
(updated: 13/Feb/18)**
