So Long



拍数: 32 墙数: 4 级数: Intermediate

[S1] 2x Step-Pivot 1/4L-Tap Fwd-Tap Together, Side Rock, Behind, Side, Cross Rock, Side

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音乐: So Long - Massari: (iTunes)



(8 count intro)

1&2&

3&4&	Step R forward, Make a ¼ turn left, Tap R toe forward, Tap R toe next to L (6:00)	
5&6&	Rock/step R to right side, Recover weight on L, Step R behind L, Step L to left side	
7&8	Rock/cross R over L, Recover weight on L, Step R to right side	
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[S2] Cross Rock, 1/4L Fwd Rock, Coaster Step, Step-Pivot 1/2L, L Spiral, Fwd Coaster w/Sweep		
1&	Rock/cross L over R, Recover weight on R	
2&	Make a ¼ turn left on R and rock/step L forward, Recover weight on R (3:00)	
3&4	Step L back, Step R next to L, Step L forward	
5&6	Step R forward, Make a ½ turn left recover weight on L, Make a left full spiral turn on right	
	foot (with L hook) (9:00)	
7&8	Step L forward, Step R next to L, Stepping back on L w/ R sweep	

Step R forward, Make a ¼ turn left, Tap R toe forward, Tap R toe next to L

[S3] Back-Sweep, Back-Sweep, Sailor 1/4R-Cross Tap-Tap, Side Tap-Tap, Drag, 1/4R Turning Coaster **Cross**

1&	Stepping back on R, Sweep L around R
2&	Stepping back on L, Sweep R around L
3&	Make a ¼ turn right stepping behind L, Step L to left side (12:00)
4&	Cross R over L and tap R toe twice (weight on L)
5&	Tap R toe to right side twice (weight on L)
6	Drag R close to L (keeping your weight on L)
7&8	Step R back, Make a ¼ turn right step L next to R, Cross R over L (3:00)

[S4] Side Rock, Cross, 1/4L Out-Out, In-In, 2x Step-Pivot 1/4L, Cross, 1/4R Back, Together		
1&2	Rock/step L to left side, Recover weight on R, Cross L over R	
&3	Make a ¼ turn left stepping back on R (out), Step L to left side (out) (12:00)	
&4	Step R to centre (In), Step L to centre (In)	
5&	Step R forward, Make a ¼ turn left recover weight on L	
6&	Step R forward, Make a ¼ turn left recover weight on L (6:00)	
7&8	Cross R over L, Make a ¼ turn right stepping back on L, Step R together (weight on L) (9:00)	

No Tag! No Restart!

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (updated: 13/Feb/18)