

Heartache Cha (P)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 0 级数: Intermediate Pattern Partner Circle
编舞者: Barb Monroe (USA) & Dave Monroe (USA) - February 2018
音乐: Heartache on the Dance Floor - Jon Pardi



Also: Woman, Amen by Dierks Bentley

Start: Man facing OLOD & Lady facing ILOD holding both hands.

Footwork is the same to start and switches to opposite feet on the first 7-8 count. Man's footwork is described.

Side rock, Recover, Cross shuffle, Side Rock, Recover with ¼ turn Step, Walk R, L

1-4 Rock side L, Recover R, Cross shuffle L R L
5-6 Rock side R, Turn ¼ L stepping L
7-8 Man: Step forward R, L
7&8 Lady: Shuffle forward R L R

(now in closed dance on opposite feet with man facing LOD)

Walk, Walk, Shuffle, Walk, Walk, Shuffle

1-2 Walk forward R L
3&4 Shuffle forward R L R
5-6 Walk forward L R
7&8 Shuffle forward L R L

Side Rock, Recover, ¼ turn shuffle, Step ½ turn, Shuffle

1-2 Rock side R, Recover L
3&4 Turn ¼ L shuffling R L R (facing ILOD)
5-6 Man: Step L, Turn ½ turn R stepping R
7&8 Shuffle in place L R L,
5-6 Lady: Step R, Turn ½ turn L stepping L
7&8 Shuffle ½ turn L stepping R L R

(now facing each other with double hand hold, man facing OLOD)

Side Rock, Recover, Cross Shuffle, Side together, Side, Cross

1-4 Step side R, Recover L, Cross shuffle R L R
5-8 Man: Step side L, Step R beside L, Step side L, Step R over L
5-8 Lady: Step side R, Step L beside R, Step side R, Touch L beside R

Begin Again

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Last Update - 14th March 2018