

# Salsa Rumba Mambo

**COPPER** **KNOB**  
STEPSHEETS

拍数: 64                      墙数: 2                      级数: Beginner  
编舞者: Ilona Tessmer-Willis (USA) - February 2018  
音乐: Como Me Duele Perderte - Gloria Estefan : (Google Play / AmazonMP3 / iTunes)



\* More information on these dances below.

Intro: 68 cts

## S1: R FORWARD SALSA, L BACK SALSA

1-2                      R Step Forward, Replace Weight on L (don't lift foot up –just transfer weight on ball)  
3-4                      R Step Back, Hold  
5-6                      L Step Back, Replace Weight on R (don't lift foot up-just transfer weight on ball)  
7-8                      L Step Forward, Hold

## S2: R FORWARD SALSA, L BACK SALSA

1-2                      R Step Forward, Replace Weight on L  
3-4                      R Back, Hold  
5-6                      L Step Back, Replace Weight on R  
7-8                      L Step Forward, Hold

## S3: R SIDE SALSA, R CROSS OVER , 1/2 R TURN: L R L FORWARD HOLD

1-2                      R Step Side, Replace Weight on L  
3-4                      R Cross over L, Hold  
5-6                      1/8 R Turn: L Step Forward, 1/8 R Turn: R Step Forward  
7-8                      1/4 R Turn: L Step Forward, Hold

## S4: R STEP SIDE, L CLOSE, R STEP FORWARD HOLD, L ROCK BACK, CLOSE NEXT TO R HOLD

1-2                      R Side Step, L Close Next to R  
3-4                      R Forward Step, Hold  
5-6                      L Back Rock, R Recover  
7-8                      L Close next to R, Hold

## S5: 1/4 R TURN: R STEP SIDE L CLOSE R FORWARD HOLD, L ROCK BACK R RECOVER L CLOSE HOLD

1-2                      1/4 R Turn: R Side Step, L Close Next to R  
3-4                      R Forward, Hold  
5-6                      L Back Rock, R Recover  
7-8                      L Close next to R, Hold

## S6: R 3/4 TURN: STEP FORWARD R L R HOLD, L R L HOLD (OPTION: CT 5-8 FULL RIGHT TURN)

1-2                      1/4 R Turn: R Forward, L Forward  
3-4                      1/4 R turn: R Forward, Hold  
5-6                      1/4 R Turn: L Forward, R Forward  
7-8                      L Forward, Hold

## S7: R BACK MAMBO, L FORWARD MAMBO

1-2                      Hold, R Step Back  
3-4                      Replace Weight on L, R Step Side  
5-6                      Hold, L Step Forward  
7-8                      Replace Weight on R, L Step Side

## S8: HOLD, R HITCH R STEP BACK, L STEP BACK, HOLD L HITCH L STEP BACK, R TAP

1-2	Hold, R Hitch
3-4	R Step Back, L Step Back
5-6	Hold, L Hitch
7-8	L Step Back, R Tap

**OPTION TO TURN on S6: even beginner dancers like to try turns—this is the best spot in the dance.**

**\*Salsa: LA style-start on count 1: Salsa & Mambo are high energy dances; (this dance is beginner level ie slower & no syncopation); ( Cuba, Columbia, Puerto Rico) “evolved” from mambo & other Afro-Caribbean rhythms in 1950’s;**

**Rumba: Start on count 1 or 2 depending on dance studio and/or region; in line dance, it’s popular to start on 1; ( Cuba, Columbia, Puerto Rico) “evolved” from mambo & other Afro-Caribbean rhythms in 1950’s**

**Mambo: Start on count 2; in line dance it usually starts on count 1; some dance studios teach to start on count 1; (Cuba) led to the Cha Cha;**

**Enjoy dancing !**

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