

Nothing Without You & Me

COPPERKNOB
BY STEPHEN HETS

拍数: 48 墙数: 2 级数: Easy Intermediate
编舞者: Jamie Barnfield (UK) - February 2018
音乐: Nothing Without You - Simon Webbe : (Album: Smile - iTunes & Amazon)



Intro: 16 counts

S1: WALK R, L, STEP PIVOT STEP, ½, BACK, COASTER CROSS

1-2 Walk forward on right, Walk forward on left
3&4 Step forward on right (3), Pivot ½ left (&), Step forward on right (4) [6:00]
5-6 Turn ½ right stepping back on left, Step back on right [12:00]
7&8 Step left back, Close right next to left, Cross left over right

S2: STEP, LOCK, BEHIND SIDE CROSS, STEP, LOCK, BEHIND SIDE CROSS

1-2 Step right to right diagonal, Lock left behind right sweeping right from front to back
3&4 Step right behind left, Step left to left side, Cross right over left
5-6 Step left to left diagonal, Lock right behind left sweeping left from front to back
7&8 Step left behind right, Step right to right side, Cross left over right

S3: SIDE ROCK, ¼ LEFT, SHUFFLE ½ TURN, BACK, ½, TRIPLE TURN

1-2 Rock right to right side, Recover on left stepping ¼ forward on left [9:00]
3&4 Turn ¼ left stepping right to right side, Close left next to right, Turn ¼ left stepping back on right
5-6 Step back on left, Turn ½ right stepping forward on right [9:00]
7&8 Full turn triple right stepping left, right, left on the spot (easier option step L R L on the spot)

S4: HEEL STRUT BACK RECOVER, HEEL STRUT BACK RECOVER, SIDE, BEHIND, ¼ R SHUFFLE.

1&2& Place right heel to right side (1), Drop down toes (&), Rock back on left (2), Recover on right (&)
3&4& Place left heel to left side (3), Drop down toes (&), Rock back on right (4), Recover on left (&)
5-6 Step right to right side, Cross left behind right
7&8 ¼ right stepping forward on right, Close left next to right, Step forward on right [12:00]

S5: TURN, TURN, ¼ SHUFFLE, CROSS, BACK & CROSS, POINT

1-2 Turn ⅛ right stepping forward on left, Turn ⅛ right stepping forward on right [3:00]
3&4 Turn ⅛ right stepping forward on left, Close right next to left, Turn ⅛ right stepping forward on left

(Now facing [6:00] the above 4 counts have completed a semi-circle to the right)

5-6& Cross right over left, Step back on left, Step right to right side
7-8 Cross left over right, Point right to right side

S6: SIDE, ROCK RECOVER, SIDE, ROCK RECOVER, SIDE, BEHIND & CROSS POINT

1 Push off from your left foot as you step right to right side (1)
2& Cross rock left behind right (2), Recover on right (&)
3 Push off from your right foot as you step left to left side (3)
4& Cross rock right behind left (4), Recover on left (&)

**TAG & RESTART WALL 5

5-6 Step right to right side, Cross left behind right
&7-8 Step right to right side, Cross left over right, Point right to right side [6:00]

*TAG WALL 2

*TAG: at the end of WALL 2 facing [12:00] - repeat counts 1-4& in S4
HEEL STRUT BACK RECOVER, HEEL STRUT BACK RECOVER

1&2& Place right heel to right side (1), Drop down toes (&), Rock back on left (2), Recover on right (&)

3&4& Place left heel to left side (3), Drop down toes (&), Rock back on right (4), Recover on left (&)

****TAG & RESTART during WALL 5 facing [6:00] - dance up to counts 4& in S6, add 6 count tag & then restart the dance**

SWAY RIGHT, SWAY LEFT, ROCK RECOVER TOUCH

1-2 Step right to right side swaying hips right over 2 counts

3-4 Step left to left side swaying hips left over 2 counts

5&6 Rock right to right side, Recover on left, Touch right next to left

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