

Burning Flame

拍数: 36 墙数: 4 级数: Intermediate
编舞者: Rudy Honing (NL) - February 2018
音乐: Eternal Flame - Human Nature



Sec. 1: Side Rock Recover, Point L, ½ turn L, Sissor step R, Weave

1-2& Step R to the Right side, Rock L behind R, Weight back on R
3 – 4 Point L Toe to the left side, Turn ½ left & step L next R
5&6 Step R to the right side, Weight back on L, Cross R over L
&7-8 Step L to the left side, Step R back L, Step L to the left side

Sec. 2: Cross Rock R, ¼ turn right Rock L forward, Shuffle ½ to the Left, Point R forward, Turn ½ left

1 – 2 Step R over L , Weight back on L
&3-4 ¼ turn to the right on R, Step L forward, Weight back on R
5&6 1/4 turn left stepping L to the side, Step R next L, ¼ turn left stepping L forward
7 – 8 Point R Toe forward, Turn ½ to the left (weight on left foot)

Sec 3: Turn ½ Right with sweep, Sailorstep ¼ turn Right, Step L forward & step, Hip Sways, side-together

1 – 2 Turn ½ to the right & sweep R front to back, Step R behind L
&3-4 Step L to the left side, Step R ¼ turn to right forward, Step L forward
&5-6 Step R next to L, step L forward, Sway R hip to the right
7-8& Sway L hip to the left, Step R to the right, Step L next R

Sec 4: Side rock recover 2x, Side rock, Cross rock, ¼ turn to the right, Walk R – L

1-2& Step R to the right side, Rock L behind R, Weight back on R
3-4& ¼ turn to the right & step L to the left side, Rock R behind L, Weight back on L
5&6& Step R to the right side, Weight back on L, Cross R over L, Weight back on L
7 – 8 ¼ Turn to the right stepping R forward, Step L forward

Sec 5: Mambo ½ turn to the right, Full Turn

1&2 Step R forward, Weight back on L, ½ turn to the right step R forward
3&4 Turn ½ right step L back, Turn ½ right step R forward, Step L forward

Start over

Restart 1 : Dance Wall 3&5 to count 28 (sec. 4 till count 4&) and Restart

Restart 2 : Dance Wall 4 to count 20 (sec. 3 till count 4) and Restart

Website : www.honeybeez.nl

Last Update - 23rd Feb. 2018