

If We Hold on Together

拍数: 48 墙数: 2 级数: Improver
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音乐: If We Hold On Together - Diana Ross



Start on vocal - Sequence : 48, 40, 48, 40, 32, tag, 32, ending

(1 - 8) Rock forward, recover, step together, step back with sweep 3X

1 2 & Rock R forward, recover on L, step R next to L
3 4 & Rock L forward, recover on R, step L next to R
5 Step R back while sweeping L from front to back
6 Step L back while sweeping R from front to back
7 Step R back, turn 1/4 left (facing 9.00) while sweeping L from front to back
8 & Step L back, recover on R

(9-16) Step forward L R L , step together, step side, touch

1234& Step forward L, R, L , step R next to L, step L next to R
5 6 & Big step R to right side, step L next to R, step R next to L
7 8 Big step L to left side, touch R next to L

(17-24) Turn, step forward, cross rock, recover, turn step forward

1 2 1/4 turn right (12.00) step R forward, step L forward
& 3 4 1/4 turn right (3.00) step R L forward, 1/4 turn right (6.00) step R forward
5 & 6 Cross rock L over R (7.30), recover on R, step L next to R
7 & 8 Cross rock R over L (4.30) , recover on L, 1/2 turn right step R forward (10.30)

(25-32) Step forward L R L R, step back L R L, sway

1 2 & 3 Step L R L R forward (facing10.30)
4 & 5 Step L R L back (facing10.30)
6 7 8 Sway to the right, left, right (facing12.00)

(33-40) Turn, step forward, sweep, step side, step behind, sweep, turn, step lock steps

& 1 1/4 turn left step L forward (9.00), step R forward while sweeping L from back to front
2 & 3 4 Step L over R, step R side, step L behind R while sweeping R from front to back step R back
& 5 6 1/4 turn left step L R forward (6.00), 1/2 turn right step L back (12.00)
& 1/2 turn right step R forward (6.00)
7 & 8 Step L forward, lock R behind L, step L forward

(41-48) Step forward, pivot, nightclub

1 2 Step R forward, 1/2 pivot to the left (12.00)
3 4 & Step R to right side, step L behind R, recover on R
5 6 & Step L to left side, step R behind L, recover on L
7 8 Step R forward, 1/2 pivot to the left

Tag after 32 counts on wall 5 (facing 12.00)

& 1 2 & Step L to left side, cross R over L full turn left, weight on L foot

Ending after 32 counts on wall 6 (facing12.00) - slowly

& 1 2 Step L to left side, rock R back, recover on L
& 3 4 Step R to right side, rock L back, recover on R
& 5 6 7 8 Step L to left side, cross R over L, full turn left.

Thank you and hope you enjoy it.

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