

How Long

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sandy Floyd (USA) - February 2018
音乐: How Long - Charlie Puth



Intro: 16 counts, starts on the vocals

HIP BUMPS R, L & CROSS POINTS R, L

1, 2 Step forward R, bump R hip 2x
3, 4 Step forward L, bump L hip 2x
5, 6 Cross R over left, point Left toe to the side
7, 8 Cross L over right, point Right toe to the side

Tag Restart here on wall 9 after first 8 counts (facing 12:00) TAG: Hips R,L,R,L then restart!

TOUCH TOES FORWARD, SIDE SHUFFLE BACK, TOUCH TOES FORWARD SIDE, COASTER STEP

1, 2 Touch Right toe forward, touch Right toe to the side
3&4 Right shuffle back, R,L,R
5, 6 Touch Left Toe forward, touch Left toe to the left side
7&8 Left coaster step, back L, together R, forward L

Restart here on wall 4 after first 16 counts (facing 3:00)

VINE RIGHT, VINE LEFT WITH ¼ TURN LEFT

1, 2 Step right side, step behind left
3, 4 Step right side, touch left toe beside right
5, 6 Step left side, step behind right
7, 8 Turn ¼ left stepping on left, touch right toe beside left

STEP DRAG TOUCH, STEP DRAG TOUCH, STEP BACK DRAG TOUCH, STEP BACK DRAG TOUCH

1, 2 Step forward at angle on R, drag/touch Left toe
3, 4 Step forward at angle on L, drag/touch right toe
5, 6 Step back at angle on R, drag/touch left toe
7, 8 Step back at angle on L, drag/touch right toe

****2 RESTARTS and ONE TAG (hip bumps R,L,R,L,) then Restart**

ENJOY!!!

Contact Sandy Floyd with questions @ sfloyd6698@yahoo.com

Last Update – 22nd March 2018