

# I'm Just Movin' On

拍数: 48      墙数: 2      级数: Easy Intermediate  
编舞者: Laurent Chalon (BEL) - February 2018  
音乐: Movin' On - David Harbaugh



Intro : 32 Counts

## Section 1: Shuffle Diagonally R Fwd, Heel Fwd, Toe Back, 1/8 turn L Shuffle Fwd, Rock Fwd

1&2      RF Shuffle diagonally right Fwd  
3      LF Heel forward  
4      LF Toe back  
5&6      LF 1/8 turn to the left Shuffle forward (10:30)  
7      RF Rock Forward  
8      LF Recover

## Section 2: Coaster Step, 1/4 turn R Step Back, 3/8 turn R Step Fwd, Shuffle Fwd, Walk(x2)

1&2      RF Coaster Step  
3      LF 1/4 turn to the right, Step back (4:30)  
4      RF 3/8 turn to the right, Step forward (6:00)  
5&6      LF Shuffle forward  
7      RF 1/2 turn to the left, Step back  
8      LF 1/2 turn to the left, Step forward

## Section 3: Kick Ball Change, Rock Fwd, Together, Step Pivot 1/2 turn R, Cross, Side

1      RF Kick  
&      RF Recover next to LF  
2      LF Forward  
3      RF Rock  
4      LF recover  
&      RF Next to LF  
5      LF forward  
6      LF+RF Pivot 1/2 turn to the right  
7      LF Cross over RF  
8      RF Side to the right

## Section 4: Sailor Step, Large Step Diagonally L Fwd, Side Touch, Coaster Step, Rock Fwd

1&2      LF Sailor Step  
3      RF Large step diagonally Left forward  
4      LF Point to the left  
5&6      LF Coaster Step  
7      RF Rock forward  
8      LF Recover

## Section 5: Shuffle Back 1/2 turn R, Rock Fwd, Shuffle Back, Rock Back

1&2      RF Shuffle back 1/2 turn to the right  
3      LF Rock forward  
4      RF Recover  
5&6      LF Shuffle back  
7      RF Rock back  
8      LF recover

## Section 6: Walk (x2), Heel switches, Point R, Point L, Heel Fwd, Hook, Heel Fwd, Flick

- 1 RF Walk forward
- 2 LF Walk forward
- 3 RF Heel forward
- & RF Next to LF
- 4 LF Heel forward
- & LF Next to RF (\*)
- 5 RF Point to the right
- & RF Next to LF
- 6 LF Point to the left
- & LF recover next to RF
- 7 RF Heel forward
- & RF Hook
- 8 RF Heel forward
- & RF Flick

**(\*) Restart here walls 2 and 4 (12h)**

Contact : [country@webchalon.be](mailto:country@webchalon.be) - <http://countrylinedance.webchalon.be>

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