

I'm Just Movin' On

拍数: 48 墙数: 2 级数: Easy Intermediate
编舞者: Laurent Chalon (BEL) - February 2018
音乐: Movin' On - David Harbaugh



Intro : 32 Counts

Section 1: Shuffle Diagonally R Fwd, Heel Fwd, Toe Back, 1/8 turn L Shuffle Fwd, Rock Fwd

1&2 RF Shuffle diagonally right Fwd
3 LF Heel forward
4 LF Toe back
5&6 LF 1/8 turn to the left Shuffle forward (10:30)
7 RF Rock Forward
8 LF Recover

Section 2: Coaster Step, 1/4 turn R Step Back, 3/8 turn R Step Fwd, Shuffle Fwd, Walk(x2)

1&2 RF Coaster Step
3 LF 1/4 turn to the right, Step back (4:30)
4 RF 3/8 turn to the right, Step forward (6:00)
5&6 LF Shuffle forward
7 RF 1/2 turn to the left, Step back
8 LF 1/2 turn to the left, Step forward

Section 3: Kick Ball Change, Rock Fwd, Together, Step Pivot 1/2 turn R, Cross, Side

1 RF Kick
& RF Recover next to LF
2 LF Forward
3 RF Rock
4 LF recover
& RF Next to LF
5 LF forward
6 LF+RF Pivot 1/2 turn to the right
7 LF Cross over RF
8 RF Side to the right

Section 4: Sailor Step, Large Step Diagonally L Fwd, Side Touch, Coaster Step, Rock Fwd

1&2 LF Sailor Step
3 RF Large step diagonally Left forward
4 LF Point to the left
5&6 LF Coaster Step
7 RF Rock forward
8 LF Recover

Section 5: Shuffle Back 1/2 turn R, Rock Fwd, Shuffle Back, Rock Back

1&2 RF Shuffle back 1/2 turn to the right
3 LF Rock forward
4 RF Recover
5&6 LF Shuffle back
7 RF Rock back
8 LF recover

Section 6: Walk (x2), Heel switches, Point R, Point L, Heel Fwd, Hook, Heel Fwd, Flick

- 1 RF Walk forward
- 2 LF Walk forward
- 3 RF Heel forward
- & RF Next to LF
- 4 LF Heel forward
- & LF Next to RF (*)
- 5 RF Point to the right
- & RF Next to LF
- 6 LF Point to the left
- & LF recover next to RF
- 7 RF Heel forward
- & RF Hook
- 8 RF Heel forward
- & RF Flick

(*) Restart here walls 2 and 4 (12h)

Contact : country@webchalon.be - <http://countrylinedance.webchalon.be>
