

Shake Your Boogie and Roll

COPPERKNOB
BY STEPHEN T. HARRIS

拍数: 48 墙数: 4 级数: Improver
编舞者: Shirley Blankenship (USA) & K. Sholes (USA) - February 2018
音乐: Shake Your Boogie and Roll - Pete Stothard



Section 1: Charleston

1-4 Kick/Touch R forward, Hold, Step R back, Hold,
5-8 Touch L Back, Hold, Step L forward, Hold.

Section 2: Tap, Tap, Behind, Side, Cross

1-4 Tap R to side, Hold, Tap R to side, Hold,
5-8 Step R behind L, Step L to side, Cross R over L, Hold.

Section 3: Tap, Tap, Behind, 1/4 turn, Cross

1-4 Tap L to side, Hold, Tap L to side, Hold,
5-8 Step L behind R, Step R 1/4 to right, Step L forward, Hold.

Section 4: Shimmy, Twist

1-4 (Shaking shoulders) Step R to side, Hold, Step L next to R, Hold,
5-8 Twist heels left, Twist toes left, Twist heels left, Twist toes left.

Section 5: Shimmy, Twist

1-4 (Shaking shoulders) Step L to side, Hold, Step R next to L, Hold,
5-8 Twist heels right, Twist toes right, Twist heels right, Twist toes right.

Section 6: (Diagonal) Step, Touch X4

1-4 Step R back, Touch L next to R, Step L back, Touch R next to L,
5-8 Step R back, Touch L next to R, Step L back, Touch R next to L.

Begin Again! It's All About Fun!
