

# Woman Amen

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Improver  
编舞者: Cheryl Dibble (USA) - February 2018  
音乐: Woman, Amen - Dierks Bentley



## Begin with lyrics

### {1-8} CROSS ROCK R OVER L, ¼ RIGHT TURN SHUFFLE; STEP-TURN-STEP, HOLD

1,2,3&4      Cross rock R over L, recover L. Shuffle turning ¼ right RLR  
5,6,7,8      Step forward on L, step on R turning ½ right, step forward on L, hold (9:00)

### {9-16} CROSS ROCK R OVER L, ¼ RIGHT TURN SHUFFLE; STEP-TURN-STEP, HOLD

**\*This is a repeat of {1-8}**

1,2,3&4      Cross rock R over L, recover L. Shuffle turning ¼ right RLR  
5,6,7,8      Step forward on L, step on R turning ½ right, step forward on L, hold (6:00)

**\*\*Restart here on 2nd wall**

### {17-24} ROCKING CHAIR ON R, 1/2 LEFT TURNING SHUFFLE, ROCK, RECOVER

1,2,3,4      Rock forward on R, recover L, rock back on R, recover L  
5&6,7,8      Shuffle RLR making ½ turn left, rock back on L, recover R (12:00)

### {25-32} ROCKING CHAIR ON L, ½ RIGHT TURNING SHUFFLE, ROCK, RECOVER

1,2,3,4      Rock forward on L, recover R, rock back on L, recover R  
5&6,7,8      Shuffle LRL turning ½ right, rock back on R, recover L (6:00)

### {33-40} RIGHT ROCK, RECOVER, CROSS SHUFFLE, STEP, HINGE TURN, STEP L OVER R, HOLD

1,2,3&4      Rock R to right, recover L, cross shuffle R over L RLR  
5,6,7,8      Step L beside R, swing R turning ½ right, step L over R, hold (12:00)

### {41-48} ROCK RIGHT, RECOVER, CROSS SHUFFLE, STEP, HINGE TURN, STEP L OVER R, HOLD

**\*This a repeat of {33-40}**

1,2,3&4      Rock R to right, recover L, cross shuffle R over L RLR  
5,6,7,8      Step L beside R, swing R turning ½ right, step L over R, hold (6:00)

### {49-56} VINE RIGHT, TURN ¼ RIGHT AND WEAVE LEFT

1,2,3      Step right on R, step L behind R, step R to right  
4      Step on L turning ¼ right  
5,6,7,8      Step R behind L, step L to left, step R over L, step L to left (9:00)

### {57-64} SHUFFLE RIGHT SIDE, ROCK LEFT BACK, RECOVER, STEP-TURN-STEP, HOLD

1&2,3,4      Shuffle R to right RLR, rock back on L, recover R  
5,6,7,8      Step L forward, step on R turning ½ right, step forward on L, hold (3:00)

**\*\*RESTART on wall 2 after 16 steps**

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