

Looking Back Now

拍数: 48 墙数: 2 级数: Improver / Intermediate NC2
编舞者: Peter Davenport (ES) - February 2018
音乐: Looking Back Now - Maggie Rose



#16 Count Intro, Start on second set of Lyrics, Approx. 11 Seconds

S1: Step Pivot ½ R, Shuffle, Walk Forward, Side Rock Step Forward Brush

1.2 Step forward on L, Pivot ½ R, (lean back weight on L) 12
3&4 Shuffle forward, R.L.R 6
5.6 Walk forward L.R (cross your steps) 6
7&8& Rock L out to L, Recover on R, Cross, Step forward on L, Brush R 6

S2: Step Brush x 2 Mambo ½ R, ¼ Syncopated Weave, Touch Unwind

1&2& Step R, Brush L, Step L, Brush R (swagger these steps) 6
3&4 Mambo ½ R 12
5&6& Step forward on L (5) Pivot ¼ (&), Cross L over R (6) Step R to R (&) 3
7.8 Touch L toe back, Unwind ½ L (weight on L) 9

S3: NCs, Step R, Spiral Full Turn, Shuffle Forward & Brush

1.2& Long slide R, Drag L behind R step on L, Recover on R 9
3.4& Long slide L, Drag R behind L step on R, Recover on L 9
5.6 Step forward on R, Spiral full turn L bringing L foot up in a figure 4 slow 9
7&8& Shuffle forward L.R.L, Brush R, 9

S4: Rock Step, Step ¼ L Cross, Sweep Over Side Behind, Sweep Behind Side Cross

1&2& Rock forward on R, Recover on L, Rock back on R, Forward on L 9
3&4& Step forward on R, Pivot ¼ L, Cross R over L, Start to sweep L over R 6
5&6& Step on L, Step R to R, Cross L behind R, Start to sweep R behind L 6
7&8 Step on R, Step L to L, Cross R over L, (these are designed to flow) 6

S5: NCs, Step L, Reverse ½ L, Coaster Step, Brush

1.2& Long slide L, Drag R behind L step on R, Recover on L 6
3.4& Long slide R, Drag L behind R step on L, Recover on R 6
5.6 Step forward on L, ½ L step back on R 12
7&8& L coaster step, Brush R, 12

S6: Rock Step, Step ½ Step, Rock Replace Step Back, Coaster Step

1&2& Rock forward on R, Recover on L, Rock back on R, Recover on L 12
3&4 Step forward on R, Pivot ½ L, Step forward on R 6
5&6 Rock forward on L, Recover on R, Step back on L, 6
7&8 R coaster step 6

Tag: At the end of wall 4, the music is silenced by 2 counts, after counts 7&8& on section 6 simple walk forward L.R.

Restart the dance again.

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