

One Kind of Woman

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Tracie Lee (AUS) - January 2018
音乐: One Kind Of Woman I Like - Shenandoah : (Album: Under the Kudzu)



DANCE BEGINS ON LYRICS AFTER A 32 COUNT INTRO.... NO Tags or Restarts!

S1: Rock, recover, shuffle back, rock back, recover 1/2 shuffle

1-2 Rock fwd onto L, recover back onto R
3&4 Shuffle back L,R,L
5-6 Rock back onto R, recover fwd onto L
7&8 Shuffle fwd R,L,R Making a 1/2 turn L

S2: Rock back, recover, 1/2 shuffle, 1/4 turn step R side, L across, R side, L heel

1-2 Rock back onto L, recover fwd onto R
3&4 Shuffle L,R,L making a 1/2 turn R
& Turn 1/4 turn R
5-8 Step R to R side, Step L across R, Step R to R side, touch L heel at 45 deg L

S3: Ball cross, Side, double heel tap, Ball cross 1/2 turn, cross

&1-2 Step back on L, Step R across L, Step L to L side
3-4 Tap R heel twice at 45 deg R
&5 Step back onto R, Step L across R
6-8 Turn 1/4 turn L & step R back, Turn 1/4 turn L & Step L to L side, Step R across L

S4: Side, 1/4 pivot, fwd shuffle, Rocking chair

1-2 Step L to L side, pivot 1/4 turn R
3&4 Shuffle fwd L,R,L
5-8 Rock fwd onto R, recover back onto L, rock back on R, recover fwd onto L

S5: Shuffle fwd, 1/2 pivot, Shuffle fwd, 1/2 pivot,

1&2 Shuffle fwd R,L,R
3-4 Step L fwd, pivot 1/2 turn R
5&6 Shuffle fwd L,R,L
7-8 Step R fwd, pivot 1/2 turn L

S6: Step point x 2, jazz box

1-4 Step R fwd, Point L toe to L side, Step L fwd, point R toe to R side
5-8 Step R across L, Step back onto L, Step R to R side, Step L fwd

S7: Step 1/4 tap, Step 1/4 tap, ball step, step fwd, 1/4 pivot

1-4 Step R fwd, turn 1/4 turn L & tap L to L side, step down onto L, turn 1/4 turn R & tap R fwd
&5-6 Step back onto R, walk fwd L then R
7-8 Step L fwd, pivot 1/4 turn R

S8: Sailor steps x 2, Boogie walk fwd

1&2 L sailor step
3&4 R sailor step turning 1/4 turn R
5-8 Boogie walk fwd L,R,L,R

[64] Begin again

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