# **How Long**



拍数: 40 编数: 4 级数: Easy Intermediate

编舞者: Diane Blairs (UK) - February 2018

音乐: How Long - Charlie Puth



Intro: 16 Counts

Alternative Music: Tilted by Christine & the Queens (No Restarts or Tags with this Music)

Intro: 16 Counts

# S1: STEP OUT R& L, STEP IN R&L

(facing right diagonal)

1-2-3-4 Step right to right side, step left to left side, step right in beside left, step left in beside right.

5-6-7-8 (facing left diagonal) Repeat:

#### S2: CHASSE R, BACK ROCK, L SIDE ROCK CROSS, R KICK-BALL- CHANGE.

1&2 Step right to right side, step left beside right, step right to right side.

3 – 4 Rock back on left, recover on right.

Rock left to left side, recover on right, cross left over right.

Small kick with right, step on the ball of right, step down on left.

Restart: Wall 6: after 16 Counts: facing 6:00:

#### S3: R SIDE ROCK, BACK ROCK, SIDE ROCK, CROSS, HOLD (CLAP)

1 - 2 Rock right to right side, recover on left,
3 - 4 Rock back on right, recover on left,
5 - 6 Rock right to right side, recover on left,
7 - 8 Cross right over left, Hold, (Clap)

Restart: Wall 2: after 24 Counts: facing 3:00 (Note: 7-8 step right beside left.

## S4: L SIDE ROCK, BACK ROCK, SIDE ROCK 1/4 R, STEP TOG. HOLD. (CLICK FINGERS)

1 - 2 Rock left to left side, recover on right,
3 - 4 Rock back on left, recover on right,
5 - 6 Rock left to left side ¼ turn right,

7 – 8 Step left beside right, Hold, (Click fingers)

Restart: Wall 4: after 32 Counts: facing: 12:00.

### S5: R&L BACK TOUCH X 2, WALKS X 4 (OPT: BOOGIE WALKS)

1 - 2 Step back on right, touch left beside right,
3 - 4 Step back on left, touch right beside left,

5 – 6 Walk fwd on right, walk fwd on left, (Opt - Boogie Walks 7 – 8 Walk fwd on right, walk fwd on left. (Opt – Boogie Walks

#### (Choreographers Note: Three Restarts: )

( Wall 2: S3 after 24 Counts.) ( Wall 4: S4: after 32 Counts.) ( Wall 6: S2: after 16 Counts.)