

Shuttin' It Down

拍数: 32 墙数: 2 级数: High Beginner
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音乐: Shuttin' It Down - Cole Swindell



Count In: 16 counts from start of track.

Step, Rock, Recover, Right Chasse', Cross Rock, Recover, Left Chasse' w/ ¼ Turn

1-2 Step left foot to left side, rock right foot behind left
3 Recover weight back to left foot
4&5 Step right foot to right side, step left foot next to right, step right foot to right side
6-7 Cross rock left over right, recover weight back to right foot
8&1 Step left foot to left side, step right foot next to left, pivot ¼ turn left stepping forward on left foot

Step, ½ Pivot, Lock Step, Step, Back Step, Drag, Coaster Step

2-3 Step forward on right foot, pivot ½ turn left (weight stays on left foot)
4&5 Step forward on right foot, lock left foot behind right, step forward on right foot
6-7 Step left foot forward, long step back on right
8&1 Slide step left foot back, step right foot next to left, step forward on left foot

Restart here on wall #7 adding a ¼ turn right to Restart.

Touch, Touch, Right Mambo, Touch, Touch, Left Mambo

2-3 Touch right toe to right side, touch right toe next to left
4&5 Rock right foot to right side, recover weight back to left, cross step right over left foot
6-7 Touch left toe to left side, touch left toe next to right foot
8&1 Rock left foot to left side, recover weight to right foot, cross step left foot slightly forward

Rock, Recover, Locking Shuffle Backwards, Rock, Recover, Left Chasse' w/ ¼ Turn

2-3 Rock forward on right foot, recover weight back on left foot
4&5 Step back on right foot, lock left foot over right foot, step back on right foot
6-7 Rock back on left foot, recover weight on right
8&1 Pivot ¼ turn right stepping left foot to left side, step right foot next to left, step left foot to left side

TAG – After wall 4

Step, Touch, Step, Touch, Step, Touch, Step, Touch

1-2 Step forward diagonally on left foot, touch right toe next to left
3-4 Step back diagonally on right foot, touch left toe next to right foot
5-6 Step back diagonally on left foot, touch right foot next to left foot
7-8 Step diagonally forward on right foot, touch left toe next to right foot
