

Pray For Me

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Michael Diven (USA) - February 2018
音乐: Say a Prayer - Reba McEntire



Count In: 16 counts from start of track.

Step, Rock, Recover, ¼ Turn, Step, ½ Turn, ½ Turn, Sweep, Step, Step, Rock, Recover

- 1-2& Step right foot to right side, rock left foot behind right, recover weight back to right foot
3-4 Pivot ¼ turn left stepping left foot forward, step right foot forward
& Pivot ½ turn left
5 Pivot ½ turn left, sweeping left foot from front to back
6&7 Step left foot behind right, step right foot to right side, rock left foot across right foot
8&1 Recover weight back to right foot, step left foot next to right, cross step right foot over left foot

¼ Turn, ¼ Turn, Cross Rock, Recover, Cross Step, Rock, Recover, Cross, Right Press, Recover

- 2&3 Pivot ¼ turn right stepping back on left foot, pivot ¼ turn right stepping right foot to right side, cross rock left over right foot
4&5 Recover weight back on right foot, step left foot next to right, cross step right over left
6&7 Rock left foot out to left side, recover weight to right foot, cross step left over right
8& Rock right foot out to right side swaying right, recover weight back on left foot

Step, Rock, Recover, Weave, Cross Rock, Recover, ¼ Turn, ¼ Turn, Weave

- 1-2& Step right foot to right side, rock left foot behind right, recover weight back to right foot
3-4& Step left foot to left side, step right foot behind left, step left foot to left side
5-6& Cross rock right over left foot, recover weight back to left foot, pivot ¼ turn right
7 Pivot ¼ turn right stepping left foot to left side
8&1 Step right foot behind left, step left foot to left side, cross step right over left

Lift, Weave, Rock, Recover, Rock, Recover, Rock, Recover, Rock, Recover

- 2 Lift left leg up and at a left diagonal
3&4 Step left foot behind right, step right foot to right side, cross step left over right foot

Restart here During 2nd wall

- 5&6 Rock right foot out to right side, recover weight back on left foot, cross rock right over left foot
&7&8& Recover weight back on left foot, rock right foot to right side, recover weight to left foot, rock back on right foot, recover weight back on left foot

Start Again.....Enjoy!