

Better Me

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Phil Edwards (UK) - February 2018
音乐: Better Me - Montgomery Gentry



Intro: 20 counts, start with vocals

S1: Walk, Walk, R lock step, ¼ turn R, L Sailor step

1, 2 Walk R, Walk L
3 & 4 Step R forward, lock L behind, Step R forward
5, 6 Step L forward, Pivot ¼ turn R (weight on R) (3 oc)
7 & 8 Step L behind R, Step R to side, Step L to side

S2: Point R, Point L, Kick L, Point R, Point R back, ½ pivot R, L shuffle

1 & 2 Point R to side, Step together, Point L to side
3 & 4 Kick L forward, Step together, Point R to side
5, 6 Point R back, ½ turn R (weight on R) (9 oc)
7 & 8 Step L forward, Step R together, Step L forward

***Restart here on Wall 3 (facing 3 oc) and Wall 6 (facing 6 oc)**

S3: Step, ½ turn L, Step, ¼ turn L, Jazz box

1, 2 Step R forward, ½ turn L (weight on L) (3 oc)
3, 4 Step R forward, ¼ turn L (weight on L) (12 oc)
5, 6 Cross R over L, Step L back
7, 8 Step R to side, Cross L over R

***Restart her on Wall 7 (facing 6 oc)**

S4: ½ Monterey R, ½ spiral L, Step R, ¼ pivot L

1, 2 Point R to side, ½ turn R together (weight on R) (6 oc)
3, 4 Point L to side, together (weight on L)
5, 6 Cross R over L, ½ Spiral L (weight on L) (12 oc)
7, 8 Step forward on R, ¼ turn L (weight on L) (9 oc)

Ending:

Dance ends on Wall 10 (starting at 12 oc)

Dance up to Section 2, Step 1, then

1, 2 ¼ turn L, Step L together,

to finish

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Last Update - 4th Feb. 2018