

Slow Hands

拍数: 24 墙数: 4 级数: Novice - CW
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音乐: Slow Hands - Niall Horan



Déscriptif : on the lyric or 14 sec
do 3 wall complete and do the tag [F9H]
do the 16 first step [4MF6H]
do 2 wall complete and do the tag {F12H}
do 3 wall complete and do the tag {F9H} do the dance

[1-8] SIDE ,BEHIND, CHASSE RIGHT, CROSS ROCK, CHASSE LEFT

1-2 Step RIGHT to right side, Cross LEFT behind the right {behind}
3&4 Step RIGHT to right side, Step LEFT next to right, Step RIGHT to right side {chasse}
5-6 Cross LEFT over right, Recover weight on RIGHT {tock step}
7&8 Step LEFT to left side, Step RIGHT next to left, Step LEFT TO LEFT SIDE {chasse}

[9-16] SAILOR 1/4 TURN, STEP FORWARD, 1/2 TURN, COASTER STEP, WALK X 2

1&2 1/4 turn right and cross RIGHT behind left [3H], Step LEFT to left side (slightly), Step RIGHT to right side {sailor step}
3-4 Step LEFT forward, Pivot 1/2 turn left and step RIGHT back [9H]
5-6 Step LEFT back, Step RIGHT beside left, Step LEFT forward {coaster step}
7-8 Step RIGHT forward, Step LEFT forward

[17-24] ANCHOR STEP, 1/4 TURN SIDE, ACROSS, 1/4 TURN FORWARD ROCK STEP, BACK, TOUCH

1&2 Cross RIGHT behind left (lock), Step RIGHT on place, Step RIGHT back {anchor step}
3-4 1/4 turn left and step LEFT to left side, [6H], Cross RIGHT over left
5-6 1/4 turn left and step LEFT forward, [3H], Recover weight on RIGHT {rock step}
7-8 Step LEFT back, Touch RIGHT beside left

TAG : 8 Temps

[1-8] OUT-OUT, IN -IN, JAZZ BOX CROSS

1-2 Step RIGHT forward in right diagonal slightly, Step LEFT to left side {out out}
3-4 Step RIGHT back in center, Step LEFT next to right {in in}
5-6 Cross RIGHT over left, Step LEFT back
7-8 Step RIGHT to right side, Cross LEFT over right

SLOW HANDS !!!!!!!

Les références des heures ne valent que sur le premier mur

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<http://club.quomodo.com/spiritofcountry/bienvenue.html>