

Feeling Good

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Robbie McGowan Hickie (UK) - January 2018
音乐: I'm Feeling So Good (feat. CD9) - Abraham Mateo



Music Available on Download from iTunes & www.amazon.co.uk

#32 Count intro

S1: Left Forward Rock. Behind & Step Forward. Right Forward Rock. 2 x 1/2 Turns Right.

1 – 2 Rock forward on Left. Rock back on Right.
3&4 Cross Left behind Right. Step Right to Right side. Step forward on Left.
5 – 6 Rock forward on Right. Rock back on Left.
7 – 8 Make 1/2 turn Right stepping forward on Right. Make 1/2 turn Right stepping back on Left.

S2: Back Rock. Right Kick-Ball-Step Forward. 2 x Walks Forward. Right Cross Samba.

1 – 2 Rock back on Right. Rock forward on Left. (Facing 12 o'clock)
3&4 Kick Right forward. Step ball of Right beside Left. Step forward on Left.
5 – 6 Walk forward on Right. Walk forward on Left.
7&8 Cross step Right forward over Left. Rock Left out to Left side. Step Right into Right Diagonal.

S3: Left Cross Rock. Chasse 1/4 Turn Left. Step. Pivot 3/4 Turn Left. Chasse Right.

1 – 2 Cross rock Left over Right. Rock back on Right.
3&4 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left.
5 – 6 Step forward on Right. Pivot 3/4 turn Left. (Weight on Left) (Facing 12 o'clock)
7&8 Step Right to Right side. Close Left beside Right. Step Right to Right side.

S4: Back Rock. Left Kick-Ball-Cross. 1/4 Turn Right. Side Step Right. Left Cross Shuffle.

1 – 2 Rock back on Left. Rock forward on Right.
3&4 Kick Left Diagonally forward Left. Step ball of Left beside Right. Cross step Right over Left.
5 – 6 Make 1/4 turn Right stepping back on Left. Step Right to Right side. (Facing 3 o'clock)
7&8 Cross step Left over Right. Step Right to Right side. Cross step Left over Right.

S5: Side Step Right. Together. Right Shuffle Forward. Side Step Left. Together. Left Coaster Cross.

1 – 2 Long step Right to Right side. Close Left beside Right.
3&4 Right shuffle forward stepping Right. Left. Right.
5 – 6 Long step Left to Left side. Close Right beside Left.
7&8 Step back on Left. Step Right beside Left. Cross step Left over Right.

S6: 2 x 1/4 Turns Left. Right Cross Samba. Cross. Side. Left Sailor 1/4 Turn Left.

1 – 2 Make 1/4 turn Left stepping back on Right. Make 1/4 turn Left stepping Left to Left side.
3&4 Cross step Right forward over Left. Rock Left out to Left side. Step Right to Right side.
5 – 6 Cross step Left over Right. Long step Right to Right side. (Facing 9 o'clock)
7&8 Sweep/Cross Left behind Right making 1/4 Left. Step Right beside Left. Step forward on Left.

S7: Right Shuffle Forward. Step. Pivot 1/2 Turn Right. Left Shuffle Forward. Step. Pivot 1/2 Turn Left.

1&2 Right shuffle forward stepping Right. Left. Right. (Facing 6 o'clock)
3 – 4 Step forward on Left. Pivot 1/2 turn Right. (Facing 12 o'clock)
5&6 Left shuffle forward stepping Left. Right. Left.
7 – 8 Step forward on Right. Pivot 1/2 turn Left. (Facing 6 o'clock)

S8: Cross. Point. Left Cross Samba. Forward Rock. Triple Full Turn Right.

1 – 2 Cross step Right forward over Left. Point Left toe out to Left side.
3&4 Cross step Left forward over Right. Rock Right out to Right side. Step Forward on Left.

5 – 6

Rock forward on Right. Rock back on Left.

7&8

Right triple Full turn Right (on the spot) stepping Right. Left. Right. (Facing 6 o'clock)

Start Again
