

I Don't Wanna Sleep

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Chris Godden (UK) - January 2018
音乐: Breathe (feat. Ina Wroldsen) - Jax Jones



Count in: 16 Counts

(S1) Back Rock Step, Step Swivel Heels, Back Back, Shuffle 3/8 Turn R

1&2 Rock back on L, Recover weight on R, Step forward L with 1/8 turn L
3&4 Step R forward, Swivel both heels up and R, Swivel heels center with weight ending on L
5 6 Step back on R, Step back on L
7&8 Step R to side 1/8 turn R, Close L to R, Step R to side making 1/4 turn R (3:00)

(S2) Point Cross, Side Tap , Side Tap, Back Rock Point

1 2 Point L to L Side, Cross L over R
3 4 Step R to R Side (Circle hips anti clockwise), Tap L
5 6 Step L to L Side (Circle hips clockwise), Tap R
7&8 Rock R behind L, Replace weight back on L, Point R to R Side

(S3) Behind Side Cross Shuffle, Side Rock, Weave 1/4 Turn R

1-2 Cross R behind L, Step L to L Side
3&4 Cross R over R, Step L to L Side, Cross R over R
5-6 Rock L to L Side, Recover weight on R
7&8 Cross L behind R, Step R to R Side with 1/4 turn to R, Step forward on L (6:00)

(S4) Pop L R L, Hold, Walk Round to L

1 2 Step forward on R popping L Knee, Step forward on L popping R Knee
3 4 Step forward on R popping L Knee, Hold
5 6 Step forward L 1/4 Turn L, Step forward R 1/4 Turn L,
7 8 Step forward L 1/4 Turn L, Step R to R Side 1/4 Turn L (6::00)

TAG after walls 1 4 6 & 9 (Every time the bass drops out)
Lyric hint for 2nd 3rd & 4th Tag "Dial" & "Go"

(S1) Back Sweep, Back Sweep, Sailor 1/4 Turn L

1 2 Step Back on L, Sweep R around behind L
3 4 Step Back on R, Sweep L around behind R
5 6 7 8 Cross L behind R, Step R with 1/4 Turn L, Step L forward, Hold

(S2) Cross Hold, Cross Hold, Mambo Side

1 2 Cross R over L, Hold
3 4 Cross L over R, Hold
5 6 7 8 Rock forward on R, Replace weight on L, Step R to R side, Hold

(S3) Back Sweep, Back Sweep, Sailor 1/4 Turn L

1 2 Step Back on L, Sweep R around behind L
3 4 Step Back on R, Sweep L around behind R
5 6 7 8 Cross L behind R, Step R with 1/4 Turn L, Step L forward, Hold

(S4) Cross Hold, Cross Hold, Mambo Side

1 2 Cross R over L, Hold
3 4 Cross L over R, Hold
5 6 7 8 Rock forward on R, Replace weight on L, Step R to R side, Hold

Ending: On last Tag replace last 4 counts with Cross R over L Hold, Unwind to front wall

Enjoy

Last Update – 1st Feb. 2018
