

# Not My Medicine

**COPPER** **KNOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
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音乐: Medicine - Kelly Clarkson : (CD: Meaning Of Life)



## #16 counts intro

### S1 – WALK, WALK, PIVOT ½ L, OUT, OUT, R SAILOR STEP

1-2            Step Rf forward – step Lf forward  
3-4            Step Rf forward – pivot 1/2 turn left (6:00)  
5-6            Step ball of Rf diagonally right forward (out) – step Lf diagonally left (out)  
7&8            Cross ball of Rf behind Lf – step Lf to left side – step Rf to right side, slightly forward

### S2 – BEHIND, ¼ R, PIVOT ½ R, ROCK FWD, BALL, R HEEL STRUT, CLOSE

1-2            Cross Lf behind Rf – turn 1/4 right stepping Rf forward (9:00)  
3-4            Step Lf forward – pivot 1/2 turn right (3:00)  
5-6            Rock Lf forward – recover onto Rf  
&7-8            Step ball of Lf beside Rf – step right heel forward – drop right toe  
&                Step ball of Lf beside Rf

Restart here, wall 2 and wall 5

### S3 – STEP, ROCK FWD, ¾ L, BEHIND SIDE CROSS, SIDE

1-2-3            Step Rf forward – rock Lf forward – recover onto Rf  
4-5            Turn 1/2 left stepping Lf forward – turn 1/4 left stepping Rf to right side (6:00)  
6&7            Cross Lf behind Rf – step Rf to right side – cross Lf over RF  
8                Long step Rf to right side

### S4 – TOUCH, SIDE, SAILOR ¼ R, ROCK FWD, COASTER STEP

1-2            Touch left toe next to Rf – step Lf to left side  
3&4            Cross ball of Rf behind Lf – turn 1/4 right stepping Lf beside Rf – step Rf forward (9:00)  
5-6            Rock Lf forward – recover onto Rf  
7&8            Step back on ball of Lf – close Rf next to Lf – step Lf forward

Restart during wall 2 and wall 5

« Croquez la vie à pleines danses ! » Magali Chabret - [galicountry76@yahoo.fr](mailto:galicountry76@yahoo.fr) - [www.galichabret.com](http://www.galichabret.com)  
Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.