

Don't Make Me Wait

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Lynne Herman (USA) - January 2018
音乐: Don't Make Me Wait - Sting & Shaggy : (Album: Don't Make Me Wait)



#16-count introduction

INSTRUCTORS: Feel free to adjust the difficulty of this dance to match your dancers.
Modifications for more experienced dancers are suggested at the end of each Section.

S1: ROCK FORWARD, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, SHUFFLE FORWARD

1,2 Rock forward on RF (1), recover on LF (2)
3&4 Step back on RF (3), step LF beside RF (&), step back on RF (4)
5,6 Rock back on LF (5), recover on RF (6)
7&8 Step forward on LF (7), step RF beside LF (&), step forward on LF (8)

MODIFICATIONS: Replace simple forward and back Shuffles with Step-Lock-Step sequences.

S2: CHASSE RIGHT, ¼ LEFT CHASSE LEFT, ¼ LEFT CHASSE RIGHT, BACK COASTER STEP

1&2 Step RF to right side (1), step LF beside RF (&), step RF to right side (2) (12:00)
3&4 Turn ¼ left stepping LF to left side (3), step RF beside LF (&), step LF to left side (4) (9:00)
5&6 Turn ¼ left stepping RF to right side (5), step LF beside RF (&), step RF to right side (6) (6:00)
7&8 Step LF back (7), step RF beside LF (&), step LF forward (8) (6:00)

MODIFICATIONS: Replace Coaster Step with Coaster Cross to lean into the following Rumba Box

S3: RUMBA BOX WITH TRIPLES: SIDE, TOGETHER, SHUFFLE FORWARD, SIDE, TOGETHER, SHUFFLE BACK

1,2 Step RF to right side (1), step LF beside RF (2)
3&4 Step forward on RF (3), step LF beside RF (&), step forward on RF (4)
5,6 Step LF to left side (5), step RF beside LF (6)
7&8 Step back on LF (7), step RF beside LF (&), step back on LF (4)

MODIFICATIONS: Replace simple forward and back Shuffles with Step-Lock-Step sequences.

S4: BACK ROCK, RECOVER, CHASSE RIGHT, CROSS ROCK, RECOVER ¼ LEFT AND SHUFFLE FORWARD

1,2 Rock RF behind LF, opening hips slightly to the right (1), recover on LF closing hips back to the left (2) (6:00)
3&4 Step RF to right side (3), step LF beside RF (&), step RF to right side (4) (6:00)
5,6 Cross rock LF in front of RF opening hips slightly to the right (5), recover weight on RF while turning ¼ left (6) (3:00)
7&8 Step forward on LF (7), step RF beside LF (&), step forward on LF (8) (3:00)

MODIFICATIONS: Replace final simple ¼ turn left with a Sailor Quarter Turn left

ENJOY!

No Tags. No Restarts.

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