

Cups

拍数: 32 墙数: 4 级数: Improver
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音乐: Cups (Pitch Perfect's "When I'm Gone")



Intro: 32 counts

***Restart on wall 4 after 16 counts

S1 [1-8] OUT X2, CLAP, FORWARD SHUFFLE, FORWARD ROCK, RECOVER, COASTER STEP

1&2 RF step out(1), LF step out (&), clap(2)
3&4 RF step forward(3), LF step behind RF back(&), RF step forward(4)
5 6 Rock LF forward(5), RF recover(6)
7&8 LF step back(7), RF beside LF (&), LF step forward(8)

S2 [9-16] KICK FRONT & SIDE, SYNCOPATED SAILOR STEP, SIDE, CROSS, CLAP X2

1 2 Kick RF across L side(1), kick RF to R side(2)
3&4 Cross RF behind LF(3), LF step slightly L side(&), RF cross over LF(4)
5 6 LF step L side (5), RF cross over LF(6)
7 8 Clap(7), Clap(8)

***Restart: on wall 4 after 16 counts

S3 [17-24] SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, SIDE ROCK, RECOVER, ¼ R TURN SAILOR STEP

1 2 Rock LF side (1), RF recover(2)
3&4 LF behind RF(3), RF step R side(&), LF cross over RF(4)
5 6 Rock RF side (5), LF recover(6)
7&8 ¼ turn R step RF behind LF (7), LF step slightly L side(&), RF step R side(8) [3:00]

S4 [25-32] HEEL TOGETHER X2, CLAP X2, STOMP R L

1 2 Touch heel LF forward(1), LF step beside RF(2)
3 4 Touch heel RF forward(3), RF step beside LF(4)
5 6 Clap(5), Clap(6)
7 8 Stomp RF(7), stomp LF(8)

HAVE FUN!

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