

New Man

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Improver
编舞者: Zana Barzdziuviene (LIT) - November 2017
音乐: New Man - Ed Sheeran : (YouTube - 3:09)



Intro: 16 counts

(1-8) Walk fwd R,L, out-out, rock back R with hitch, modified jazz box, sweep ¼ turn L

1-2&3-4 Walk R fwd (1), walk L fwd (2), step R out to R side (&), step L out to L side (3), rock R back with hitch L (4)

5-6&7-8 Cross L over R (5), recover on L (6), step L to L side (&), step R to R side (7), turn ¼ L sweeping R from back to front with weight on L (8) (9:00)

(9-16) Rock R fwd, recover on L with hitch R, step R back with hitch L, hold, coaster L, lock step R

1-4 Rock R fwd (1), recover on L with hitch R (2), step R back with hitch L (3), hold (4)

5&6-7&8 Step L back (5), close R next to L (&), step L fwd (6), step R fwd (7), lock L behind R (&), step R fwd (8)

(17-24) Mambo/cross L, mambo/cross R, lock step ¼ turn L, ½ turn R, step L to L side with 1/4 R

1&2-3&4 Rock L to L side (1), recover on R (&), cross L over R (2), rock R to R side (3), recover on L (&), cross R over L (4)

5&6-7-8 Turn ¼ L stepping L fwd (5), lock R behind L (&), step L fwd (6), turn ½ R (replace weight on R) (7), step L to L side turning ¼ R (8) (3:00)

(25-32) Extended diagonal rocking chair, walk fwd L,R, lock L (on ball), step R fwd, turn ½ L

1&2&3&4 Rock R over L (1), recover on L (&), step R to R side (2), recover on L (&) rock R over L (3), recover on L (&), step R to R side (4)

5-6&7-8 Walk L fwd (5), walk R fwd (6), lock L on ball behind R (&), step R fwd (7), turn ½ L (replace weight on L) (9:00)

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Last Update - 4th Feb. 2018