

# Sunshine Charleston

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 2      级数: Beginner  
编舞者: Jan Brookfield (UK) - January 2018  
音乐: Bring Me Sunshine - Morecambe & Wise



**NB. The choreographer acknowledges the use of sequences from the Cowboy Charleston dance, also the famous Morecambe & Wise "step, skips" with arm movements!  
Use arms throughout for balance and style. Have fun!**

## Section 1 : [STEP, SKIP, STEP, SKIP, ROCKING CHAIR] x 2

- 1,2            Step R forward, flick L out to left side while gently hopping on R and raising R arm touching back of head with R hand  
3,4            Step L forward, flick R out to right side while gently hopping on L and raising L arm touching back of head with L hand  
5,6,7,8        Rock forward on R, recover onto L, rock back on R, recover onto L

**[9 -16] : Repeat steps for Section 1 counts 1 – 8**

## Section 2 : HEEL, HITCH, HEEL, HITCH, BEHIND, SIDE, ACROSS, HOLD; HEEL, HITCH, HEEL, HITCH, BEHIND, SIDE, ¼ TURN, HOLD

- 1,2,3,4        [Tap R heel diagonally forward, hitch R slightly] x 2  
5,6,7,8        Step R behind L, step L to side, step R across in front of L, hold  
9,10,11,12    [Tap L heel diagonally forward, hitch L slightly] x 2  
13,14,15,16   Step L behind R, step R to side, making a quarter turn right step forward on L, hold

## Section 3 : BASIC CHARLESTON STEPS x 4

- 1,2,3,4        Touch R toes forward, hold, step back on R in place, hold  
5,6,7,8        Touch L toes back, hold, step forward on L in place, hold

**[9-16] : Repeat steps for Section 3 counts 1 - 8**

## Section 4 : REPEAT STEPS IN SECTION 2, 16 COUNTS IN ALL

Specially choreographed for the Stroke Association's "Bring Me Sunshine" campaign 2016

Contact: [janbrookfield@btinternet.com](mailto:janbrookfield@btinternet.com)