

# Be Your Number 1

拍数: 32                      墙数: 4                      级数: High Beginner  
编舞者: Rudy Honing (NL) - January 2018  
音乐: The Tide Is High - Billie Piper



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## Section 1 : Walk R/L Forward, Mambo R Forward, Shuffle L Back, ½ Turn R, Walk L/R Forward

1-2                      Step RF Forward, Step LF Forward  
3&4                      Step RF forward, Weight back on LF, Step RF back  
5&6                      Step LF Back, Step RF next LF, Step LF back  
&7-8                      Turn ½ to the right on RF, Step LF forward, Step RF forward

## Section 2 : Shuffle L Forward, Mambo R Forward, Back, Side with ¼ Turn R, Cross Shuffle L

1&2                      Step LF forward, Step RF next LF, Step LF forward  
3&4                      Step RF forward, Weight back on LF, Step RF back  
5-6                      Step RF back, Make ¼ to the right, Step RF to the right  
7&8                      Step LF across RF, Step RF to the side, Step LF across RF

## Section 3 : Side Rock R, Behind-Side-Cross, Side Rock L, Sailorstep ¼ Turn L

1-2                      Step RF to the right side, Weight back on LF  
3&4                      Step RF behind LF, Step LF to the left side, Step RF across LF  
5-6                      Step LF to the left side, Weight back on RF  
7&8                      LF cross behind RF, 1/4 turn L with RF beside LF, LF forward

## Section 4 : Pivot ½ Turn L, Shuffle R forward, ¾ Turn R, Shuffle L Forward

1-2                      Step RF forward, Turn ½ to the Left  
3&4                      Step RF forward, Step LF next RF, Step RF forward  
5-6                      Make ¼ Turn to the right, Step LF to the left, Make ½ to the right, Step on RF  
7&8                      Step LF forward, Step RF next LF, Step LF forward

**Start over**

**Stepchange & Restart Wall 4 :**

**Dance Section 1 Till count 7**

**Count 8 : Touch R toe next LF & Restart**

**Contact : [www.honeybeez.nl](http://www.honeybeez.nl)**

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