The First



拍数: 64 墙数: 2 级数: Improver

编舞者: Laurent Chalon (BEL) - January 2018 音乐: Your One and Only - Jim Devine



Intro: 36 counts

Section1: Kick, kick, Step back, hold, Slow Coaster Step, Scuff

1 RF Kick forward 2 RF Kick forward 3 RF Step back

4 Hold

5 LF Step Back 6 RF Next to LF 7 LF Step Forward

8 RF scuff

Section 2: Jump Rock Cross, Side Step, Jump Rock cross, Side Step, Stomp Fwd, Stomp Fwd

1 RF+LF Rock cross RF forward LF + Hook LF

2 LF+RF Recover on LF + Kick RF

3 RF To the right

4 LF+RF Rock cross LF, forward RF + Hook RF

5 RF+LF Recover on RF + kick LF

6 LF To the left 7 RF Stomp forward 8 LF Stomp forward

Section 3: Heel Fwd, Heel Fwd, Step back, hold, Slow Coaster Step, Scuff

1 RF Heel forward 2 RF Heel forward 3 RF Step back 4 Hold

5 LF Step Back 6 RF Next to LF 7 LF Step Forward

8 RF scuff

Section 4: Rock Fwd 1/2 turn, Step, Hold, Step pivot 1/2 turn, Step, Scuff

1 RF Rock Forward

2 LF Recover on LF with 1/2 turn to the right

3 RF Forward

4 Hold

5 LF Step Forward 6 ½ turn to the right 7 LF Step forward 8 RF Scuff*

*Wall6: Tag 2

Section 5: Vine, scuff, Side, Scuff, Side, Scuff

1 RF To the right 2 LF behind RF 3 RF To the right

4	LF scuff
5	LF To the left
6	RF scuff
7	RF To the right
8	LF scuff
Section 6: Vi	ne 1/4 turn, Hold, Step pivot 1/2 turn, Toe Strut 1/2 turn
1	LF To the left
2	RF Behind LF
3	LF 1/4 turn to the left, step forward
4	Hold
5	RF Step Forward
6	1/2 turn to the left
7-8	RF Toe strut 1/2 turn to the left
	ow Sailor Step 1/4 turn, Hold, Rock Fwd, Step Fwd, Hold
1-2-3	LF Sailor step 1/4 turn to the left
4	Hold
5	RF Rock forward
6	LF Recover
7	RF Back
8	Hold
Section 8: St	tep Lock Step Back, Hold, Rock back + Kick, Stomp Fwd, Stomp Fwd
1-2-3	LF Step Lock Step back
4	Hold
5	RF+LF Rock Back RF + Kick LF
6	LF Recover
7	RF Stomp forward
8	LF Stomp forward
Tag n°1	
	f walls 1, 3 and 5 (x2)
_	ion 1: Rocking chair, Kick, Flick 1/2 turn, Kick, Flick RF Rock forward
1-2	
3-4	RF Rock back
5	RF Kick
6	RF+LF 1/2 turn to the left, recover on RF + Flick LF
7 8	LF Kick LF+RF Recover on LF + Flick RF
Tag 1 - Sect i	ion 2: Rocking chair, Kick, Flick 1/2 turn, Kick, Flick RF Rock forward
3-4	RF Rock back
5	RF Kick
6	RF+LF 1/2 turn to the left, recover on RF + Flick LF LF Kick
7	
8	LF+RF Recover on LF + Flick RF
Tag n°2	00
Wall 6, after	
1 ag 2: Side,	Stomp up, Side, Stomp Up RF To the right
2	LF Stomp Up next to RF
3	LF The the left
5	LI THE HEIGH

4 RF Stomp Up next to LF

Restart after Tag

 ${\bf Contact: country@webchalon.be-http://countrylinedance.webchalon.be}$