

Golden Slumbers

拍数: 40 墙数: 2 级数: Intermediate
编舞者: Chris Jackson (UK) - January 2018
音乐: Golden Slumbers - Elbow : (amazon)



#16-count intro. Two small Tags.

SECTION ONE: STEP-TOUCH-BACK, BEHIND-SIDE-CROSS, SWAY-SWAY, BEHIND, QUARTER, SIDE

- 1&2, 3&4 Forward left, touch right toe behind left, step back right, sweep left from front to back and step behind right, right to right side, cross left over right
- 5, 6, 7&8 Right to right side and sway right, sway left, right behind left, quarter turn left stepping left to left side, right to right side (9.0)

SECTION TWO: CROSS ROCK-RECOVER, CROSS, QUARTER, SIDE, CROSS ROCK-RECOVER, CROSS, QUARTER, SIDE

- 1&2, 3&4 Cross left over right, right to right side, recover on left, cross right over left, quarter right stepping back on left, right to right side
- 5&6,7&8 Cross left over right, right to right side, recover on left, cross right over left, quarter right stepping back on left, right to right side (3.0)

SECTION THREE: STEP-TOUCH-BACK, BEHIND-SIDE-CROSS, SWAY-SWAY, BEHIND, QUARTER, SIDE

- 1&2, 3&4 Forward left, touch right toe behind left, step back right, sweep left from front to back and step behind right, right to right side, cross left over right
- 5, 6, 7&8 Right to right side and sway right, sway left, right behind left, quarter turn left stepping left to left side, right to right side (12.0)

SECTION FOUR: CROSS ROCK-RECOVER, QUARTER, HALF, QUARTER, IN FRONT AND BEHIND AND CROSS ROCK, RECOVER, SIDE, TAP

- 1, 2, 3&4 Cross left over right, recover on right, quarter left forward on left, half left stepping back on right, quarter left stepping left to left side
- 5&6&7, 8, 9, 10 Cross right over left, left to left side, cross right behind left, left to left side, cross right over left, recover on right, right to right side, tap left next to right

SECTION FIVE: STEP, STEP-TURN, HALF, HALF, FORWARD AND BACK

- 1, 2, 3, 4 Forward left, forward right, pivot a half turn left, make a half turn left stepping back on right
- 5, 6, 7, 8 Make a half turn left stepping forward on left, rock forward on right, recover on left, step back on right (6.0)

Tags at the end of Walls 2 and 3:

STEP, STEP-TURN-STEP:

- 1, Forward left,
2, forward right,
3, pivot a half turn left,
4, forward right,

and Restart facing back wall.