

La Vita Bella (The Beautiful Life)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Ira Weisburd (USA) - January 2018
音乐: Vita Bella - Havana



Introduction: 16 counts @ approximately 11 sec.
NO TAGS !! NO RESTARTS !!

PART I. (R BOTOFOGO, L BOTOFOGO; FORWARD, RECOVER, TRIPLE STEP BACK)

1&2 Step R across L, Step L to L, Step R to R
3&4 Step L across R, Step R to R, Step L to L
5-6 Step R forward, Recover back onto L
7&8 Step R back, Step-close L beside R, Step R back

PART II. (BACK, RECOVER, TRIPLE 1/2 R TURN; BACK, BACK, COASTER STEP)

1-2 Step L back, Recover forward onto R
3&4 Step L forward making 1/4 R Turn (3:00), Step-close R beside L, Step L back making 1/4 R Turn (6:00)
5-6 (Wave Arms in the air) - Step back on R, Step back on L
7&8 Step R back, Step-close L beside R, Step R forward

PART III. (L BOTOFOGO, R BOTOFOGO; FORWARD, RECOVER, TRIPLE 1/2 L TURN)

1&2 Step L across R, Step R to R, Step L to L
3&4 Step R across L, Step L to L, Step R to R
5-6 Step L forward, Recover back onto R
7&8 Step L to L making 1/4 L Turn, Step-close R beside L, Step L forward making 1/4 L Turn (12:00)

PART IV. (1/4 L, SIDE, SAILOR STEP; SAILOR STEP, BACK, RECOVER)

1-2 Step R forward making 1/4 L Turn (9:00), Step L to L
3&4 Step R back, Step L to L, Step R to R
5&6 Step L back, Step R to R, Step L to L
7-8 Step R back, Recover forward onto L

PART V. (FORWARD, 1/2 R TURN, COASTER STEP; CROSS, SIDE, SAILOR STEP)

1-2 Step R forward, Step L back making 1/2 R Turn (3:00)
3&4 Step R back, Step-close L beside R, Step R forward
5-6 Step L across R, Step R to R
7&8 Step L back, Step R to R, Step L to L

PART VI. (CROSS, SIDE, SAILOR STEP; CROSS, 1/4 L, COASTER STEP)

1-2 Step R across L, Step L to L
3&4 Step R back, Step L to L, Step R to R
5-6 Step L across R, Step R back making 1/4 L Turn (12:00)
7&8 Step L back, Step-close R beside L, Step L forward

PART VII. (FORWARD, 1/2 R TURN, COASTER STEP; CROSS, SIDE, SAILOR STEP)

1-2 Step R forward, Step L back making 1/2 R Turn (6:00)
3&4 Step R back, Step-close L beside R, Step R forward
5-6 Step L across R, Step R to R
7&8 Step L back, Step R to R, Step L to L

PART VIII. (CROSS, SIDE, SAILOR STEP; CROSS, 1/4 L, COASTER STEP)

1-2 Step R across L, Step L to L
3&4 Step R back, Step L to L, Step R to R
5-6 Step L across R, Step R back making 1/4 L Turn (3:00)
7&8 Step L back, Step-close R beside L, Step L forward

REPEAT DANCE.

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Last Update - 23 April 2021
