

# Losing Control

拍数: 32      墙数: 4      级数: Improver samba  
编舞者: Maria Maag (DK) - January 2018  
音乐: Mamma Mia (feat. Prophet of 7Lions) - Darin



Intro: 16 counts from heavy beat in music (19 sec. into track)

Ending: On wall 10 after 24 counts (facing 06:00), make a sharp ½ turn L stepping down L... The End  
NOTE: NO TAGS, NO RESTARTS

## [1 – 8] Samba R, samba L, weave L behind 1/4 R

1&2      Cross R over L (1), rock L to L (&), recover R (2) 12:00  
3&4      Cross L over R (3), rock R to R (&), recover L (2) 12:00  
5&6      Cross R over L (5), step L to L (&), cross R behind L turn 1/8 R (6) 01:30  
7&8      Step back L (7), turn 1/8 R stepping R to R (&), cross L over R (8) 03:00

## [9 – 16] Side back rock R side back rock L, volta ½ turn R

1&2      Step R to R (1), rock back L (&), recover R (2) 03:00  
3&4      Step L to L (3), rock back R (&), recover L (4) 03:00  
5&6&      1/8 R step fw. R (5), lock L behind R (&), 1/8 R step fw. R (6), lock L behind R (&) 06:00  
7&8      1/8 R step fw. R (7), lock L behind R (&), 1/8 R step fw. R (8) 09:00

## [17 – 24] Mambo fw. L mambo back R, step shimmy L, shimmy L

1&2      Rock fw. L (1), recover R (&), step L next to R (2) 09:00  
3&4      Rock back R (3), recover L (&), step R next to L (4) 09:00  
5-6      Step L to L bend knees and shimmy upper body (5), step R next to L (6) 09:00  
7-8      Step L to L bend knees and shimmy upper body (7), step R next to L (8) 09:00

## [25 – 32] Mambo L mambo R, point switches L + R, kick ball change R

1&2      Rock L to L (1), recover R (&), step L next to R (2) 09:00  
3&4      Rock R to R (3), recover L (&), step R next to L (4) 09:00  
5&6      Point L to L (5), step L next to R (&), point R to R (6) 09:00  
7&8      Kick R fw. (7), step R next to L (&), step down L (8) 09:00

Have fun and Enjoy...:-)

Contact: [Maria.maag.dk@gmail.com](mailto:Maria.maag.dk@gmail.com)