

# Those Good Old Days

COPPER KNOB  
BY STEPHEN

拍数: 152      墙数: 2      级数: Phrased Intermediate  
编舞者: George Cho & Patricia Cho (USA) - January 2018  
音乐: Good Old Days (feat. Kesha) - Macklemore



SEQUENCE: A,B, A,B, A,B, C,A

INTRO: Start on vocals

## PART A: 24 counts

**A1: Night club basic right and left. Prissy walk R, walk L and chase turn (end up with weight on right).**

1, 2&      Step R to Right Side, Rock L Behind R, Recover on R  
3, 4&      Step L to Left Side, Rock R Behind L, Recover on L  
5 - 8      Walk forward right, then left, step R, pivot 1/2 turn, step right.

**A2: Step L side and cross, step R side and cross turning 1/4, walk around 3/4 turn L, R,L side touch w/ R.**

1& 2 3&4      Left side rock and cross, right side rock and cross turning 1/4 to left  
5 - 8      Walk around (3/4) turning left, step left 1/4, right 1/4, left 1/4 and touch right.

**A3: Night club basic, with 3/4 turn**

1 2 & 3      Night club basic, step right to side, rock left behind R and recover to RF, Step left to side  
4& 5      Right behind left and left to side while making 1/4 turn, step right  
6& 7 8&      Step forward L and pivot 1/2 turn right, step forward left, 1/2 turn left stepping back on right then 1/4 left and step left to side. End facing front wall. (12:00)

## PART B: 64 counts

**B1: Weave and rock recover**

1-6      Step right to right side, left behind right to side, cross left over right, step right to right side, touch left next to right.  
7-8      Rock L, recover R

**B2: Vine left w/ a touch, step 1/2 turns 2 xs**

1-4      Step LF to left side, cross RF behind left and step left to side and touch RF next to LF.  
5 - 8      Step forward right pivot 1/2 turn, Step forward right pivot 1/2 turn.

**B3: Continuous weave pattern**

1-8      Weave to right – step right, left behind, step right, left cross in front, rock right recover to LF, cross right over left, step left to left side.

**B4: Rock back recover, Shuffle forward, rock forward recover, back coaster.**

1 2 3&4      Rock back on RF, recover on LF, shuffle forward (RLR)  
5 6 7&8      Rock forward LF, recover on RF, step back on LF, the step RF next to LF, step forward on LF.

**B5: Turning right jazz boxes (1/4) 2x**

1-8      Step R over left, step left back 1/4 turn, step right to right side, step forward left. Repeat sequence.

**B6: Step touches with chasses and rock recovers 2 xs**

1-8      Step R side touch left, Step L side touch right, Chasse to the right (RLR), rock back left recover right.  
1-8      Step L side touch right, Step R side touch left, Chasse to the left (LRL), rock back right recover left.

**B7: Monterey turns**

- 1-2 Touch right foot out to right side. Pivot ½ turn to right on ball of left foot while bringing right foot back next to left (shift weight to right foot)
- 3-4 Touch left toe out to left side, bring left back next to right (shift weight to left foot)
- 5-6 Touch right foot out to right side. Pivot ½ turn to the right on ball of left foot while bringing right foot back next to left (shift weight to right foot)
- 7-8 Touch left toe out to left side, bring left back next to right (shift weight to left foot)

**PART C: 64 counts**

**C1: Sway, Sway – Step together step, Repeat (Option: Add hand motion w/ sways)**

- 1 - 8 Sway R (2counts), Sway L (2 counts) – Moving to right, Step R, L, R, Hold on count 8.
- 1 - 8 Sway L (2 counts), Sway R (2 counts) – Moving to left. Step L, R, L, Hold on count 8.

**C2: Rock forward. Rock side, Sailor step**

- 1 - 4 Rock forward on RF, Recover onto LF, Rock RF to R side, Recover onto LF
- 5 - 8 Cross RF behind LF, Step LF to L side, Step RF to R side
- 1 - 4 Rock forward on LF, Recover onto RF, Rock lf to l side, /recover onto LF
- 5 - 8 Cross LF behind RF, Step RF to R side, Step LF to L side.

**C 3: Repeat C1**

**C4: Step sweep, Step sweep, Mambo ½ turn. Step sweep, step sweep, forward Mambo.**

- 1-8 Step forward on RF, sweep L, Step forward on LF, sweep right. Rock forward on RF; recover left, 1/ 2 turn to right, step forward on right, hold on count 8.
- 1-8 Step forward on LF, Sweep R, Step forward on RF, sweep left. Rock forward on LF, recover to RF, step left next to right, and hold on count 8.

**Have fun!**

**Contact: [cuznpc@msn.com](mailto:cuznpc@msn.com)**

**Last Update - 13th Jan. 2018**

---