

If I Knew Then

拍数: 48
编舞者: Tony Myers (UK) - January 2018
音乐: If I Knew Then - Lady A

墙数: 2

级数: Improver / Intermediate waltz



Alternative music 'Beautiful day for goodbye' by George Strait.
Slow track & No Restarts good to practice to, Start on vocals.

Intro 24 counts on vocals

S1: Forward waltz: 1/4 Back Waltz

1 2 3 Step forward to left diagonal on left (1) Step right with left (2) Step left with right (3) (facing 10:30)
4 5 6 Turning 1/4 left step back on right (4) Step left with right (5) Step right with left (6) (facing 7:30)

S2: Forward Waltz: 1/4 Back Waltz

1 2 3 Turning 1/4 left step forward on left (1) Step right with left (2) Step left with right (3) (facing 4:30)
4 5 6 Turning 1/4 left step back on right (4) Step left with right (5) Step right with left (6) (facing 1:30)

S3: Side Step, Drag: Coaster Turn

1 2 3 Turning to front wall step left to side (1) Drag right towards left over 2 counts (2,3) (facing 12:00)
4 5 6 Turn 1/4 left step back on right (4) Step left next to right (5) Step forward on right (6) (facing 9:00)

S4: Cross Rock & Side: Behind Turn Side

1 2 3 Rock left across right (1) Recover weight on right (2) Step left to side (9:00)
4 5 6 Step right behind left (4) Turn 1/4 left step forward on left (5) Step forward on right (6) (6:00) ##R2

S5: Twinkle Back Left: Twinkle Back Right (Travelling slightly backwards)

1 2 3 Step left behind right (1) Step right to side and slightly back (2) Step left to side and slightly back (3)
4 5 6 Step right behind left (4) Step left to side and slightly back (5) Step right to side and slightly back (6)

S6: Cross, Point, Turn: Cross, Turn, Touch

1 2 3 Cross left over right (1) Point right to side (2) Turn 1/2 right onto right (3) (12:00)
4 5 6 Cross left over right (4) Step back on right turning 1/4 left (5) Touch left next to right (6) (9:00)

S7: Side, Together, Forward: Side, Together, Back

1 2 3 Step left to side (1) Step right next to left (2) Step forward on left (3) (9:00)
4 5 6 Step right to side (4) Step left next to right (5) Step back on right (6) #R1

S8: Triple Turn: Rock, Recover, Turn

1 2 3 Turn 1/4 left forward on left (1) Step right next to left (2) Turn 1/4 left step forward on left (3) (3:00)
4 5 6 Rock forward on right (4) Recover weight on left (5) Turn 1/2 right step forward on right (6) (9:00)

#R1 Restart on walls 2 & 5 after 42 counts facing 6:00

##R2 Restart on wall 4 after 24 counts facing 9:00

Halfway through wall 9 musics stops for 3(ish) counts just sway or hold till it resumes.

Hope you enjoy

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