

Just One Day

COPPER KNOB
BY STEPHEN

拍数: 34 墙数: 4 级数: Easy Intermediate
编舞者: Francien Sittrop (NL) - January 2018
音乐: Just One Day (feat. Johnny Reid) - Elage Diouf



Intro: Start after 8 Counts from the beginning

[1 – 9] Step Fwd, Mambo Step, Coaster Cross, Step Fwd and Drag , Step fwd, Pivot ½ L , Step fwd

1 Step L fwd
2 & 3 Rock R fwd, Recover on L, Step R back and sweep L to the back
4 & 5 Step L back, Step R next to L, Step L across R and drag R
6 – 7 Step R diag fwd and deag L , Step L fwd and deag R (01.30)
8 & 1 Step R fwd, Pivot ½ turn L, Step R fwd (07.30)

[10-17] Full Turn R, Press , Recover, Side, Cross Rock , Recover, ¼ Turn R, Mambo Fwd, Step Back

2 & 3 ½ turn R step L back, ½ Turn R step R fwd, Press L fwd (07.30)
4 & 5 Recover on R, Step L next to R (06.00), Cross R over L
6 & 7 ¼ Turn R step L back, Step R to R side, Step L fwd (09.00)
8 & 1 Rock R fwd, Recover on L, Step R back and sweep L to the back

[18-25] Step Back, with Sweep , Step Back, Hook , Lock step fwd, Step fwd, ¼ L, Vine L

2 – 3 Step L back and sweeo R back, Step R back and hook L across R
4 & 5 Step L fwd, Lock R behind L , Step L fwd **R**
6 & 7 Step R fwd, ¼ Turn L , Step R across L (06.00)
&8&1 Step L to L side, Step R behind L, Step L to L side, Step R across L

[26-32] ½ Turn R, Mambo fwd, Coasterstep , Cross

2 & 3 ¼ Turn R step L back, ¼ Turn R step R fwd, Step L fwd (12.00)
4 & 5 Rock R fwd, Recover on L, Step R back and drag L
6 & 7 Step L back, Step R next to L , Step L fwd
8 Step R across L

[33-34] ¾ Turn L

1 – 2 Make on R ¾ Turn L in 2 counts (Weight ends on R) (03.00)

Restart : During wall 4 and 6 after count 20& (Lockstep) Count 21 will be count 1 of the new wall

Website: www.franciensittrop.nl