

Mayores

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Angels Guix (ES) & Enric Nonell (ES) - November 2017
音乐: Mayores - Becky G. & Bad Bunny : (Album: Single)



Note: Start after 16 counts of introduction, aprox. 9 seconds of the song.

Re-start: On the 5th repetition dance until count 32, then hold for 1 count and start from the beginning.

[1-8] ROCKING CHAIR x2, ¼ PIVOT TURN x2

1&2& Rock RF forward, recover on LF, rock RF backward, recover on LF
3&4& Rock RF forward, recover on LF, rock RF backward, recover on LF
5,6 Step RF forward, pivot ¼ turn left and step on LF
7,8 Step RF forward, pivot ¼ turn left and step on LF

[9-16] SIDE STEP CROSS x2, ¾ turn WALKAROUND

1&2 Rock RF to right, recover on LF, cross RF over LF
3&4 Rock LF to left, recover on RF, cross LF over RF
5-8 Walk four steps around a circle to turn ¾ to right starting w/ RF (R,L,R,L)

[17-24] STEP SIDE & ROCK STEP x3, SHUFFLE FORWARD

1,2& Step RF to right, rock LF behind RF, recover on RF
3,4& Step LF to left, rock RF behind LF, recover on LF
5,6& Step RF to right, rock LF behind RF, recover on RF
7&8 Step LF forward, step RF together, step LF forward

[25-32] SHUFFLE FORWARD, ROCKING CHAIR x2, ½ turn left MAMBO STEP

1&2 Step RF forward, step LF together, step RF forward
3&4& Rock LF forward, recover on RF, rock LF backward, recover on RF
5&6& Repeat the rocking chair
7&8 Rock LF forward, recover on RF and ½ turn to left, step LF forward

Re-start: On the 5th repetition add 1 count hold here and re-start from the top.

[33-40] WEAWE right, THREE STEP TURN left

1&2& Step RF to right, step LF behind RF, step RF to right, cross LF over RF
3&4 Step RF to right, step LF behind RF, step RF to right (prep the turning)
5,6 ¼ turn left and step LF forward, ½ turn left and step RF backward
7,8 ¼ turn left and step LF to left, touch RF together

[41-48] WEAWE right, THREE STEP TURN left

1-8 Repeat the steps described from 33 to 40

Start again

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