

Katchi

拍数: 40 墙数: 4 级数: Phrased High Beginner
编舞者: Nicole Miller (LUX) - January 2018
音乐: Katchi (Ofenbach vs. Nick Waterhouse) - Ofenbach & Nick Waterhouse



Sequence: A – A – A – B – A – A – A – B – A – A – B – A

Intro: 32 counts

PART A

DIAGONAL STEPS FORWARD. TOUCH

1 – 4 Step R diagonally forward, step L next to R, step R diagonally forward, touch L next to R (clap)

SIDE, TOUCH, TURN ¼ R, TOUCH

1 – 4 Step L to L, touch R next to L (clap), step R to side turning ¼ R, touch L next to R (clap)

DIAGONAL STEPS FORWARD. TOUCH

1 – 4 Step L diagonally forward, step R next to L, step L diagonally forward, touch R next to L (clap)

SIDE, TOUCH, TURN ¼ L, TOUCH

5 – 8 Step R to R, touch L next to R (clap), step L to side turning ¼ L, touch R next to L (clap)

OUT – OUT, IN – IN, ROCKING CHAIR

1 – 2 Step R to R, step L to L

3 – 4 Step R together, step L together

5 – 8 Step R forward, recover on L, step R back, recover on L

STEP TURN 2X, JAZZBOX

25 – 26 Step R forward, turn 1/8 left (weight on L)

27 – 28 Step R forward, turn 1/8 left (weight on L)

29 – 32 Cross R over L, step L back, step R to R, step L together

PART B

RUN IN PLACE, STEP, HEEL BOUNCE 1/4L

1 – 4& Run in place (R-L, R-L, R-L, R-L (1&, 2&, 3&, 4&))

5 – 8 Step R forward, Hold, heel bounce 2x turning 1/4 L

Option: The 3rd time you dance part B, try to do ½ L with the heel bounces, in order to face the front wall again.

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Last Update – 16th Jan. 2018