

Simple Life

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Phrased Intermediate
编舞者: Antonio Manigas (IT) - January 2018
音乐: Simple Life - Patrick Feeney



Sequence: B-tag1-A-tag1-B-B-tag1-A-tag1-B-tag2-B-tag1-A-tag1-B-B-tag2-B-B-B

SA1) TURN ¼ LEFT,STOMP,TURN ¼ LEFT,STOMP,GRAPVINE RIGHT,STOMP UP LEFT

1-2 Step Right Forward And Turn ¼ (09:00) To Left Side , Stomp Up Left Beside Right
3-4 Turn ¼ (06:00) And Step Left Forward , Stomp Up Right Beside Left
5-6 Step Right To Right Side , Step Left Behind To Right
7-8 Step Right To Right Side , Stomp Up Left Beside Right

SA2) GRAPVINE LEFT,STOMP UP RIGHT,TOUCH HEEL,TOUCH HEEL,TOUCH HEEL,FLICK SLAP

1-2 Step Left To Left Side , Step Right Behind Left
3-4 Step Left To Left Side , Stomp Up Right Beside Left
5-6 Touch Right Heel Diagonally To Left Side , Touch Right Heel Diagonally To Right Side
7-8 Touch Right Heel Diagonally To Left Side , Flick Right To Right Side And Slap On Boot

SA3) KICK DIAGONALLY,HOOK,KICK,FLICK,LOCK STEP,STOMP UP

1-2 (Switch Weight- Weight To The Right) Kick Left Forward Diagonally , Hook Left
3-4 Kick Forward Left , Flick Left
5-6 Step Left Forward , Lock Right Behind Left
7-8 Step Left Forward , Stomp Up Right Beside Left

SA4) MONTEREY,HOOK,KICK,HOOK,ROCK,STOMP UP

1-2 Touch Right Toe To Right Side , Make ½ Turn Right On Left Stepping Right Beside (00:00)
3-4 Touch Left Toe To Left Side , Hook Left Over Right
5-6 Kick Forward Left , Hook Left
7-8 Step Left To Left Side , Stomp Up Right

Tag1) GRAPVINE RIGHT,STOMP,ROCK,STOMP

1-2 Step Right To Right Side , Step Left Behind Right
3-4 Step Right To Right Side , Stomp Up Left Beside Right
5-6 Step Left To Left Side , Stomp Up Right Beside Left

SB1) OUT DIAG. RIGHT,HOOK,OUT DIAG. LEFT, HOOK,KICK,FLICK,KICK,CROSS

1-2 (Jumping) Diagonally Back Jump With Right And Left Step To Right Side, (Weight To The Right) Hook Left Over Right
3-4 (Jumping) Diagonally Back Jump With Left And Right Step To Left Side , (Weight To The Left) Hook Right Over Left
5-6 (Jumping) Kick Right Forward , Turn ½ (06:00) And Flick Right
7-8 (Jumping) Kick Right Forward , Cross Over Left And Flick Left

SB2) OUT/IN ,CROSS.ROCK-HEEL,ROCK-HEEL,ROCK BACK,STOMP UP

1-2 (Jumping) Jump Step Right To Right Side Step Left To Left Side, Jump Cross Right Over Left -Left Behind Right
3-4 (Jumping) Step Right To Right Side And Touch Left Heel , Step Both Feet Together At Center
5-6 (Jumping) Step Left To Left Side And Touch Right Heel , Step Both Feet Together At Center
&7-8 (Jumping) Step Right Back, Return Onto Left , Stomp Up Right

SB3) KICK,FLICK TURN,KICK,CROSS FLICK,ROCK BACK,ROCK BACK,STOMP UP

- 1-2 (Jumping) Kick Right Forward , Flick Right And Turn ½ (00:00)
- 3-4 (Jumping) Kick Right Forward , Cross Right Over Left And Flick Left
- 5-6 (Jumping) Step Left Back , Kick Right Forward
- 7-8 (Jumping) Step Right Back , Return Onto Left And Stomp Up Right

SB4) JAZZ BOX, JAZZ BOX, ROCK, STOMP

- 1-2 (Jumping) Kick Right Forward, Cross Over Left And Flick
- 3-4 (Jumping) Kick Right Forward , Kick Left Forward
- 5-6 (Jumping) Cross Over Right And Flick, Kick Left Forward
- 7-8 (Jumping) Step Left To Left Side , Stomp Right Beside Left

Tag2) ROCK IN CHAIR, STOMP, HOLD

- 1-2 Step Right Forward , Recover On Left
- 3-4 Step Right Backward , Recover On Left
- 5-6 Stomp , Hold
- 7-8 Hold , Hold

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