

Crush

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner / Improver
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音乐: Crush - Jennifer Paige



(1-8) R CROSS, L SIDE TOUCH, L CROSS, R SIDE TOUCH, R BEHIND, L SIDE, R CROSS, L SIDE, R TOUCH NEXT TO L.

1-2-3-4 Cross RF over LF, Step LF to L side touch, Cross LF over RF, Step RF to R side touch.
5&6-7-8 Step RF behind LF, Step LF to L side, Cross RF over LF, Step LF to L side, Step RF next to LF touch.

(9-16) 1/2 Turn R/LF SIDE TOUCH, 1/2 Turn L/RF SIDE TOUCH, JAZZ BOX.

1-2-3-4 1/4 Turn R/Step RF fwd, 1/4 Turn R/Step LF to L side touch, 1/4 Turn L/Step LF fwd, 1/4 Turn L/Step RF to R side touch.
5-6-7-8 Cross RF over LF, Step LF back, Step RF to R side, Step LF fwd.

***RESTART : 4 WALL - 16 Counts(6:00) & 8 Wall - 16 Counts(12:00)**

(17-24) R SIDE LOCK, L RECOVER, L HIP ROLL, FWD MAMBO, BACK MAMBO.

1-2-3-4 Step RF to R side lock, Recover weight LF, L Hip roll(3-4).
5&6-7&8 Step RF fwd, Recover weight LF, Step RF back, Step LF back, Recover weight RF, Step LF fwd.

(25-32) R FWD, HALF TURN R/L TOUCH NEXT TO R, L FWD SHUFFLE, FULL L PADDLE TURN.

1-2-3&4 Step RF fwd, 1/2 Turn R/Step LF next to RF touch, Cross LF over RF, lock RF behind LF, Cross L over R.
5-6-7-8 Touch R fw and paddle 1/4 turn L(3:00), Touch R fw and paddle 1/4 turn left, Touch R fw and paddle 1/4 turn left.

Run like we have a day with destiny

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