Jjan Jja Ra



拍数: 128 墙数: 1 级数: Phrased Intermediate

编舞者: Jennifer Jou (TW) - January 2018

音乐: Jjan Jja Ra (짠짜라) - Jang Yoon Jeong (장윤정)



Introduction: 32 counts after the drums

Sequence: A/B/C / Tag-1 / D/A/B/C / Tag-1 / D / Tag-2 / A

*** Start with weight on LF touching RF beside LF.

Part A: 32 counts

Sec A1: Rock R-L-R, Hold, (Side, Touch Behind) X 2

1–4 Rock in place by R-L-R, hold

5–8 Step LF to left side, touch RF behind LF, step RF to right side, touch LF behind RF

Sec A2: (Cross Over, Side Touch) X 2, Side Rock, Recover, Triple Steps

1–4 Cross step LF over RF, touch RF to right side, cross step RF over LF, touch LF to left side

5-6 Rock LF to left side, recover onto RF

7&8 Step LF-RF-LF in place

Sec A3: (Cross Behind, Side Touch) X 2, Side Rock, Triple Steps

1–4 Cross step RF behind LF, touch LF to left side, cross step LF behind RF, touch RF to right

side

5–6 Rock RF to right side, recover onto LF

7&8 Step RF-LF-RF in place

Sec A4: (Forward, Pivot 1/2 Turn R) X 2, Triple Steps, Hold

1–4 Step LF forward, pivot 1/2 turn right, step LF forward, pivot 1/2 turn right

5–8 Step LF-RF-LF in place, hold

Part B: 32 counts

Sec B1: Step Forward X2, Shuffle Forward, Rock Forward, Recover, Shuffle 1/2 Turn L

1–2 Walk RF forward, walk LF forward

3&4 Step RF forward, step LF beside RF, step RF forward

5–6 Rock LF forward, recover onto RF,

7&8 Make 1/4 turn left stepping LF to left side, step RF beside LF, make 1/4 turn left stepping LF

forward (6:00)

Sec B2: Forward Point, Back Point, Side Point, Flick, Side Rock, Recover, Chasse Right

1–4 Point RF forward, point RF back, point RF to right side, flick RF

5–6 Rock RF to right side, recover onto LF

7&8 Step RF to right side, step LF beside RF, step RF to right side

Sec B3: Forward Walks, Shuffle Forward, Rock Forward, Recover, Shuffle 1/2 Turn R

1–2 Walk LF forward, walk RF forward

3&4 Step LF forward, step RF beside LF, step LF forward

5–6 Rock RF forward, recover onto LF

7&8 Make 1/4 turn right stepping RF to right side, step LF beside RF, make 1/4 turn right stepping

RF forward (12:00)

Sec B4: Forward Point, Back Point, Side Point, Flick, Side Rock, Recover, Chasse L

1–4 Point LF forward, point LF back, point LF to left side, flick LF

5–6 Rock LF to left side, recover onto RF

7&8 Step LF to left side, step RF beside LF, step LF to left side

Part C: 32 counts Sec C1: Cross Over, Recover, Chasse R, Weave R 1-2 Cross step RF over LF, recover onto LF Step RF to right side, step LF beside RF, step RF to right side 3&4 5–8 Cross step LF over RF, step RF to right side, cross step LF behind RF, step RF to right side Sec C2: Cross Over, Recover, Chasse L, Weave L Cross step LF over RF, recover onto RF 1–2 3–4 Step LF to left side, step RF beside LF, step LF to left side 5–8 Cross step RF over LF, step LF to left side, cross step RF behind LF, step LF to left side Sec C3: Back Rock, Recover, Shuffle Forward, Jump L, Touch, Jump R, Touch, Hip Bumps Rock RF back, recover onto LF 1–2 Step RF forward, step LF beside RF, step RF forward 3&4 Jump slightly to left side, touch RF beside LF, jump slightly to right side, touch LF beside RF 5&6& 7–8 Push hips to right twice Sec C4: Rock Forward, Recover, Shuffle Back, Jump R, Touch, Jump L, Touch, Hip Bumps Rock LF forward, recover onto RF 1–2 3&4 Step LF back, step RF beside LF, step LF back 5&6& Jump slightly to right side, touch LF beside RF, jump slightly to left side, touch RF beside LF 7–8 Push hips to left twice Part D: 32 counts Sec D1: Full Paddle Turn L with Points, Flick, (Cross Over, Recover, Side) X 2 1-4 Make 1/3 turn left with weight on LF and pointing RF to right side, make 1/3 turn left with weight on LF and pointing RF to right side, make 1/3 turn left with weight on LF and pointing RF to right side, flick RF (12:00) Cross step RF over LF, recover onto LF, step RF to right side 5&6 Cross step LF over RF, recover onto RF, step LF to left side 7&8 Sec D2: Rock Forward, Recover, R Coaster, Mambo L, Mambo R Rock RF forward, recover onto LF 1–2 3&4 Step RF back, step LF beside RF, step RF forward 5&6 Rock LF to left side, recover onto RF, step LF beside RF 7&8 Rock RF to right side, recover onto LF, step RF beside LF Sec D3: Full Paddle Turn R with Points, Flick, (Cross Over, Recover, Side) X 2 Make 1/3 turn right with weight on RF and pointing LF to left side, make 1/3 turn right with 1-4 weight on RF and pointing LF to left side, make 1/3 turn right with weight on RF and pointing LF to left side, flick LF (12:00) 5&6 Cross step LF over RF, recover onto RF, step LF to left side 7&8 Cross step RF over LF, recover onto LF, step RF to right side Sec D4: Rock Forward, Recover, L Coaster, Mambo R, Mambo L 1–2 Rock LF forward, recover onto RF

3&4 Step LF back, step RF beside LF, step LF forward
5&6 Rock RF to right side, recover onto LF, step RF beside LF

7&8 Rock LF to left side, recover onto RF, step LF beside RF

Tag-1: 4 counts (Add 4 counts after Part C.)

1–4 Step RF forward, pivot 1/2 turn left, step RF forward, pivot 1/2 turn left (12:00)

Tag-2: 8 counts (In the second round of the dance, do Tag-2 after Part D.) (Cross Over, Recover, Side) X 2, (Side, Recover, Together) X 2

1&2 Cross step RF over LF, recover onto LF, step RF to right side

3&4	Cross step LF over RF, recover onto RF, step LF to left side
5&6	Rock RF to right side, recover onto LF, step RF beside LF
7&8	Rock LF to left side, recover onto RF, step LF beside RF

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