

Body Talk

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Ria Vos (NL) - January 2018
音乐: Listen - Nico & Vinz : (Album: Elephant In The Room)



Intro: 8 Counts (\pm 5 sec)

Crossing Samba R, Crossing Samba L, Cross & Heel & Touch & Heel

1&2 Cross R Over L, Rock L to L Side, Recover on R
3&4 Cross L Over R, Rock R to R Side, Recover on L
5&6 Cross R Over L, Step L to L Side, Dig R Heel to R Diagonal
&7 Step R Next to L, Touch L Next to R
&8 Step R Slightly Back, Dig R Heel to R Diagonal

(&) Cross, Point, $\frac{1}{4}$ R Monterey, Point, & Big Step Fwd, Rock Fwd, Triple Full Turn L

&1 Step R Next to L, Cross L Over R
2&3 Point R to R Side, $\frac{1}{4}$ Turn R Stepping R Next to L, Point L to L Side
&4 Step L Next to R, Step R Big Step Fwd
5-6 Rock Fwd on L, Recover on R
7&8 Triple Full Turn L Stepping L-R-L ***Restart Point

(option count 7&8: L Coaster Step)

Heel Grind, & Crossing Shuffle, $\frac{1}{4}$ R, $\frac{1}{2}$ R, Sweep Behind-Side-Cross

1-2& Dig R Heel Across L, Turn on R Heel Toes to R Stepping L to L Side, Step R Next to L
3&4 Cross L Over R, Step R to R Side, Cross L Over R
5-6 $\frac{1}{4}$ Turn R Step Fwd on R, $\frac{1}{2}$ Turn R Step Back on L
7&8 Sweep and Step R Behind L, Step L to L Side, Cross R Over L

(Diagonal) Side, Rock Back, (Diagonal) Side, Rock Back, Sway L-R, $\frac{1}{4}$ L, Step $\frac{1}{2}$ Pivot L

1-2& Step L to L Side slightly Fwd to L Diagonal, Rock Back on R, Recover on L
3-4& Step R to R Side Slightly Fwd to R Diagonal, Rock Back on L, Recover on R
5-6 Step and Sway L to L Side, Sway R
7&8 $\frac{1}{4}$ Turn L Step Fwd on L, Step Fwd on R, Pivot $\frac{1}{2}$ Turn L

Restart: On wall 4 After count 16 (12:00)

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