

# Body Talk

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Easy Intermediate  
编舞者: Ria Vos (NL) - January 2018  
音乐: Listen - Nico & Vinz : (Album: Elephant In The Room)



Intro: 8 Counts ( $\pm$  5 sec)

## Crossing Samba R, Crossing Samba L, Cross & Heel & Touch & Heel

1&2      Cross R Over L, Rock L to L Side, Recover on R  
3&4      Cross L Over R, Rock R to R Side, Recover on L  
5&6      Cross R Over L, Step L to L Side, Dig R Heel to R Diagonal  
&7      Step R Next to L, Touch L Next to R  
&8      Step R Slightly Back, Dig R Heel to R Diagonal

## (&) Cross, Point, $\frac{1}{4}$ R Monterey, Point, & Big Step Fwd, Rock Fwd, Triple Full Turn L

&1      Step R Next to L, Cross L Over R  
2&3      Point R to R Side,  $\frac{1}{4}$  Turn R Stepping R Next to L, Point L to L Side  
&4      Step L Next to R, Step R Big Step Fwd  
5-6      Rock Fwd on L, Recover on R  
7&8      Triple Full Turn L Stepping L-R-L \*\*\*Restart Point

(option count 7&8: L Coaster Step)

## Heel Grind, & Crossing Shuffle, $\frac{1}{4}$ R, $\frac{1}{2}$ R, Sweep Behind-Side-Cross

1-2&      Dig R Heel Across L, Turn on R Heel Toes to R Stepping L to L Side, Step R Next to L  
3&4      Cross L Over R, Step R to R Side, Cross L Over R  
5-6       $\frac{1}{4}$  Turn R Step Fwd on R,  $\frac{1}{2}$  Turn R Step Back on L  
7&8      Sweep and Step R Behind L, Step L to L Side, Cross R Over L

## (Diagonal) Side, Rock Back, (Diagonal) Side, Rock Back, Sway L-R, $\frac{1}{4}$ L, Step $\frac{1}{2}$ Pivot L

1-2&      Step L to L Side slightly Fwd to L Diagonal, Rock Back on R, Recover on L  
3-4&      Step R to R Side Slightly Fwd to R Diagonal, Rock Back on L, Recover on R  
5-6      Step and Sway L to L Side, Sway R  
7&8       $\frac{1}{4}$  Turn L Step Fwd on L, Step Fwd on R, Pivot  $\frac{1}{2}$  Turn L

Restart: On wall 4 After count 16 (12:00)

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