Alright Already

拍数: 32

级数: Easy Beginner

编舞者: Yvonne Krause (USA) - January 2018

音乐: Alright Already - Larry Stewart

[1-8] HEEL & HEEL & WALK WALK, REPEAT

- 1&2& Right heel forward, step right beside left, left heel forward, step left beside right.
- 3-4 Walk forward right, left.
- Right heel forward, step right beside left, left heel forward, step left beside right. 5&6&
- 7-8 Walk forward right, left.

[9-16] TWO ¼ MONTEREY TURNS

- 1-2 Point right to right side, on ball of left foot make 1/4 turn right, stepping right next to left.
- 3-4 Point left to left side, step left next to right.
- Point right to right side, on ball of left foot make 1/4 turn right, stepping right next to left. 5-6
- 7-8 Point left to left side, step left next to right. (6:00)

[17-24] THREE STEP JAZZ BOX TWICE, CROSSING SHUFFLE

- 1-3 Cross right over left, step back on left, step to the side with right.
- 4-6 Cross left over right, step back on right, step to the side with left.
- 7&8 Cross right over left, step left to left side, cross right over left.

[17-24] SHUFFLE ¼ TURN LEFT, ROCKING CHAIR, KICK BALL CHANGE

- 1&2 Shuffle left ¹/₄ turn stepping left, right, left. (3:00)
- 3-6 Rock forward on right, rock back on left, rock back on right, rock forward on left.
- 7&8 Kick right foot forward, step right beside left, step onto left in place.

May You Always Dance Like No One Is Watching

Contact: ykrause@yahoo.com





墙数:4