

# Lonely Lady

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Easy Beginner  
编舞者: Yvonne Krause (USA) - January 2018  
音乐: Lonely Lady - Bouke



## [1-8] SIDE ROCK, SHUFFLE FORWARD, SIDE ROCK, SHUFFLE FORWARD

1-2      Rock right to right side, recover onto left.  
3&4      Shuffle forward stepping right, left, right.  
5-6      Rock left to left side, recover onto right.  
7&8      Shuffle forward stepping left, right, left.

## [9-16] ROCK RECOVER, STEP BACK, SWEEP FRONT TO BACK, BEHIND SIDE CROSS, POINT

1-2      Rock forward on right, recover onto left.  
3-4      Step back on right and sweep left foot front to back.  
5-6      Left foot behind right, step right to right side.  
7-8      Cross left over right, point right foot to right side.

## [17-24] STEP ¼ TURN RIGHT, POINT LEFT, STEP FORWARD, POINT JAZZ BOX W/CROSS

1-2      As you step into a ¼ turn right point left foot to left side. (3:00)  
3-4      Step forward left and point right foot to right side.  
5-8      Cross right over left, step back on left, step right to right side, cross left over right.

## [25-32] SIDE TOGETHER, SHUFFLE BACK, SIDE TOGETHER, STEP FORWARD, HOLD

1-2      Step right to right side, step left next to right.  
3&4      Shuffle back stepping right, left, right.  
5-6      Step left to left side, step right next to left.  
7-8      Step forward on left and hold.

## May You Always Dance Like No One Is Watching

Contact: [ykrause@yahoo.com](mailto:ykrause@yahoo.com)

Last Update – 5th Jan. 2018

---