

Sleepy Eyes

拍数: 64 墙数: 4 级数: Improver
编舞者: Andrew Palmer (UK) & Sheila Palmer (UK) - December 2017
音乐: Blue Bayou - Niamh Lynn : (CD: An Old Fashioned Love Song. amazon)



#16 Count Intro. Start on Vocals

S1: Mambo Forward. Hold. Mambo Back. Hold

1-4 Rock forward Right, recover back onto Left, step Right beside Left, hold
5-8 Rock back Left, recover forward onto Right, step Left beside Right, hold

S2: Rumba Box Back. Hold. Rumba Box Forward. Hold

1-4 Step Right to side, step Left beside Right, step back Right, hold
5-8 Step Left to side, step Right beside Left, step forward Left, hold

S3: Side. Touch. Side. Touch. Side. Together. Quarter Turn. Hold

1-4 Step Right to side, touch Left beside Right, step Left to side, touch Right beside Left
5-8 Step Right to side, step Left beside Right, quarter turn Right step forward Right, hold (3:00)

S4: Cross. Back. Back. Hold. Cross. Back. Back. Hold

1-4 Cross Left over Right, step back Right, step back Left, hold
5-8 Cross Right over Left, step back Left, step back Right, hold

S5: Weave. Cross-Rock. Recover. Together. Hold

1-4 Cross Left over Right, step Right to side, step Left behind Right, step Right to side
5-8 Cross-Rock Left over Right, recover back onto Right, step Left beside Right, hold

S6: Weave. Cross-Rock. Recover. Together. Hold

1-4 Cross Right over Left, step Left to side, step Right behind Left, step Left to side
5-8 Cross-Rock Right over Left, recover back onto Left, step Right beside Left, hold

S7: Walk Forward. Walk Forward. Walk Forward. Hold. Sway. Sway. Sway. Hold

1-4 Walk forward Left, walk forward Right, walk forward Left, hold
5-8 Step Right to side sway Right, sway Left, sway Right, hold

S8: Walk Back. Walk Back. Walk Back. Hold. Sway. Sway. Sway. Sway

1-4 Walk back Left, walk back Right, walk back Left, hold
5-8 Step Right to side sway Right, sway Left, sway Right, sway Left