

Don't Mess With The Family

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Doug Mazzola (USA) - December 2017
音乐: Woke Up This Morning - Alabama 3



Dance begins 16 counts after heavy beat.

[1-8] Walk, walk forward right, left, Right syncopated rocking chair, Repeat

1,2,3&4& Walk forward right, left, syncopated rocking chair on right forward & back
5,6,7&8& Walk forward right, left, syncopated rocking chair on right forward & back

[9-16] Side right, cross left behind, Weave to left, ¼ turn left, rock, recover.

1,2,3&4& Step side right, Cross left behind right, cross right in front of left, step side left, cross right behind left, step side left.
5&6&7,8 Cross right in front of left, step side left, cross right behind left, step left ¼ turn left, rock forward on right, recover back onto left.

[17-24] ½ Shuffle turn right, Rock recover, ½ Shuffle turn left, Rock recover.

1&2,3,4 ½ turn to the right shuffle RLR, Rock forward on left, recover back onto right.
5&6,7,8 ½ turn to the left shuffle LRL, Rock forward on right, recover back onto left.

[25-32] Step Back, Together, Sway out-out, sway in-in, syncopated hips bumps.

1,2,3,4 Step back on right, step left beside right, step right out to side with sway, step left out to side with sway.
5,6,7&8& Step right in with sway, step left in with sway, bump hips forward & back RLRL.

Start again

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