

All Night Long

COPPER KNOB
BY STEPHEN WESLEY

拍数: 48 墙数: 4 级数: Phrased High Beginner
编舞者: Noe J. Roldan (USA) - December 2017
音乐: All Night Long (feat. Steve Harwell) - Stephen Wesley



Dance starts on lyrics - Sequence: A, B, A, Tag, A, B, A, A, A, B, A, A, A
**1 Tag - No restarts

SECTION A – 32 counts

A1: TRIPLE – ROCK STEP – WALK BACK X2 – COASTER CROSS

1 & 2 Triple forward R – L – R
3, 4 Rock left foot forward – Recover weight on right leg
5, 6 Step left foot back – Step right foot back
7 & 8 Step left foot back – Step right foot next to left – Step left foot forward and across from right

A2: 1/4 TURN TRIPLE – PIVOT 1/2 TURN – 1/4 TURN SIDE ROCK STEP – SIDE ROCK STEP

1 & 2 Make a ¼ right turn and triple forward R – L – R
3, 4 Step left foot forward – Make a pivot ½ turn to right
5, 6 Make a ¼ turn right and rock left foot to side – Recover weight on right leg
& 7, 8 Step left foot next to right – Rock right foot to right side – Recover weight on left leg

A3: HIP BUMPS – SHIMMY – TRIPLE – ROCK STEP

1 & 2 & Bump hips right – Left – Right – Left (Optional: bump only once to right on 1 – and left on 2)
3 & 4 & Bring right shoulder forward – Switch left shoulder forward – Repeat (Modify shimmy as desired)
5 & 6 Triple forward R – L – R

***7, 8 Rock left foot forward – Recover weight on right leg**

*** There is a verse on the song that repeats a couple of times where the lyrics say “shake it, shake it, shimmy, shimmy, shuffle, shuffle, gimme, gimme”, every time on these lyrics add the following hand gestures to counts 7, 8.**

With hands in front, palm up, bend the four fingers on both hands (not the thumbs) as if calling someone to come towards.

A4: ROCK STEP BACK – SKIP – ROCK STEP FORWARD – 1/4 TURN JAZZ BOX

1, 2 Rock left foot back – Recover weight on right leg
& 3, 4 Step left foot next to right – Rock right foot forward – Recover weight on left leg
5, 6 Making a ¼ right turn cross right foot in front of left – Step left foot back
7, 8 Step right foot slightly to right – Step left foot next to right

SECTION B – 16 counts

B1: R SIDE TRIPLE – ROCK BEHIND – L SIDE TRIPLE – ½ TURN UNWIND

1 & 2 Step right foot to side – Step left foot next to right – Step right foot to side
3, 4 Rock left foot behind right – Recover weight on right leg
5 & 6 Step left foot to side – Step right foot next to left – Step left foot to side
7, 8 Step right foot behind left – Unwind making a half right turn

B2: 1/4 TURN PADDLES – 1/4 TURN TOE SWITCHES

1, 2 Step right foot slightly forward – With a hip sway make a 1/8 turn left
3, 4 Step right foot slightly forward – With a hip sway make a 1/8 turn left
5 & Step right toe forward while making a 1/16 turn left – Step right foot down in place
6 & Step left toe forward while making a 1/16 turn left – Step left foot down in place
7 & Step right toe forward while making a 1/16 turn left – Step right foot down in place
8 & Step left toe forward while making a 1/16 turn left – Step left foot down in place

TAG – 2 Counts
ROCK STEP BACK

1, 2 Rock right foot back (Add attitude for style) – Recover weight on left leg

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