

Shirtsleeves

拍数: 32 墙数: 2 级数: High Beginner
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音乐: Shirtsleeves - Ed Sheeran : (Album: X - Deluxe Edition - iTunes)



Intro: 4 Count

S1: Cross Rock, Chasse Right, ¼ Turn Right, ¼ Turn Right, Chasse Left, Back Rock

1 – 2 Rock right over left, recover onto left
3 & 4 Step right to right, step left beside right, ¼ turn right stepping right forward
5 & 6 ¼ turn right stepping left to left, step right beside left, step left to left
7 – 8 Rock back on right, recover onto left

S2: Side Rock, Cross Shuffle Left, ¼ turn Right, ¼ Turn Right, Shuffle Left Forward

1 – 2 Rock right to right side, recover onto left
3 & 4 Cross right over left, step left to left, cross right over left
5 – 6 ¼ turn right stepping left back, ¼ turn right stepping right forward
7 & 8 Step left forward, step right beside left, step left forward

S3: Side, Front Toe Touch, Side, Touch, Back Rock, Kick Ball Step

1 – 2 Step right to right, touch left toe in front of right
3 – 4 Step left to left, touch right beside left
5 – 6 Step right back, recover onto left
7 & 8 Kick right forward, step right on ball beside left, step left forward

S4: 1/4 Paddle Turn Left x 2, Shuffle Right Diagonally Forward, Shuffle Left Diagonally Forward

1 – 2 Step right forward, turn 1/4 to the left with weight on left
3 – 4 Step right forward, 1/4 turn left with weight on left
5 & 6 Step right to right diagonal, step left beside right, step right forward
7 /8 Step left to left diagonal, step right beside left, step left forward

Restart: On wall 4 after 16 counts, and on wall 10 after 8 counts

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