

# The Beautiful Island

**COPPER** KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Vincent Dijks (NL) - December 2017  
音乐: La Isla Bonita (feat. AJ) - Village Girls & Andrea T. Mendoza : (Album: 100 Dance Hits 2013)



Intro: 32 counts

## S1: Pivot ½ L, Shuffle Fwd, Pivot ¾ R, Chassé

1-2      RF step forward, R+L ½ turn left  
3&4      RF step forward, LF step beside, RF step forward  
5-6      LF step forward, L+R ¾ turn right  
7&8      LF step side, RF together, LF step side [3]

## S2: Cross, Side, Cross Shuffle (x2)

1-2      RF cross over, LF step side  
3&4      RF cross over, LF step side, RF cross over  
5-6      LF cross over, RF step side  
7&8      LF cross over, RF step side, LF cross over

## S3: Side, ¼ L Side, Cross Samba, Cross, ¼ L Back, ¼ L Chassé

1-2      RF step side, LF ¼ left step side  
3&4      RF cross over, LF rock side, RF recover  
5-6      LF cross over, RF ¼ left step back  
7&8      LF ¼ left step side, RF together, LF step side [6]

## S4: Cross, Side, Sailor, Cross, Side, Behind Side Cross

1-2      RF cross over, LF step side  
3&4      RF cross behind, LF step beside, RF step side  
5-6      LF cross over, RF step side  
7&8      LF cross behind, RF step side, LF cross over

## S5: Heel Grind, Together, Heel Grind ¼ L, Together, Cross, Side, Sailor

1-2&      RF step forward on heel with toes left, LF turn R toes right and step back, RF together  
3-4&      LF step forward on heel with toes right, RF ¼ left turn L toes left and step back, LF together  
5-6      RF cross over, LF step side  
7&8      RF cross behind, LF step beside, RF step side [3]

## S6: Heel Grind ¼ L, Together, Heel Grind, Together, Cross, Side, Sailor ¼ L

1-2&      LF step forward on heel with toes right, RF ¼ left turn L toes left and step back, LF together  
3-4&      RF step forward on heel with toes left, LF turn R toes right and step back, RF together  
5-6      LF cross over, RF step side  
7&8      LF ¼ left cross behind, RF step beside, LF step slightly forward [9]

## S7: Toe Heel Switches, Claps (x2)

1&2&      RF touch beside, RF together, LF touch beside, LF together  
3&4&      RF dig heel forward, clap, clap, RF together  
5&6&      LF touch beside, LF together, RF touch beside, RF together  
7&8&      LF dig heel forward, clap, clap, LF together

## S8: Rock Across Recover, Chassé (x2)

1-2      RF rock across, LF recover  
3&4      RF step side, LF together, RF step side

5-6                LF rock across, RF recover  
7&8                LF step side, RF together, LF step side [9]

**Start again**

**Restarts: Dance the 1st and 3rd wall up to and including count 48 (count 8 of the 6th section) and start again**

**Tag 1: Dance the 2nd wall up to and including count 32 (count 8 of the 4th section), add:**

&1-2                RF step beside on ball foot, LF cross over, hold and continue the dance on count 33 (count 1 of the 5th section)

**Tag 2: Dance the 4th wall up to and including count 32 (count 8 of the 4th section), add:**

&1-2                RF step beside on ball foot, LF cross over, hold and continue the dance on count 33 (count 1 of the 5th section) up to and including count 56 (count 8 of the 7th section), repeat section 7 and go on with section 8

**Bridge: After the 5th wall:**

1-4                RF cross over, LF step back, RF step side, LF step forward

**Ending: Dance the 6th wall up to and including count 30 (count 6 of the 4th section), then:**

7&8                LF  $\frac{1}{4}$  left cross behind, RF step beside, LF step slightly forward and end with section 7 twice (Toe Heel Switches) [12]

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