

# The Beautiful Island

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Vincent Dijks (NL) - December 2017  
音乐: La Isla Bonita (feat. AJ) - Village Girls & Andrea T. Mendoza : (Album: 100 Dance Hits 2013)



Intro: 32 counts

## S1: Pivot $\frac{1}{2}$ L, Shuffle Fwd, Pivot $\frac{3}{4}$ R, Chassé

1-2            RF step forward, R+L  $\frac{1}{2}$  turn left  
3&4           RF step forward, LF step beside, RF step forward  
5-6           LF step forward, L+R  $\frac{3}{4}$  turn right  
7&8           LF step side, RF together, LF step side [3]

## S2: Cross, Side, Cross Shuffle (x2)

1-2            RF cross over, LF step side  
3&4           RF cross over, LF step side, RF cross over  
5-6           LF cross over, RF step side  
7&8           LF cross over, RF step side, LF cross over

## S3: Side, $\frac{1}{4}$ L Side, Cross Samba, Cross, $\frac{1}{4}$ L Back, $\frac{1}{4}$ L Chassé

1-2            RF step side, LF  $\frac{1}{4}$  left step side  
3&4           RF cross over, LF rock side, RF recover  
5-6           LF cross over, RF  $\frac{1}{4}$  left step back  
7&8           LF  $\frac{1}{4}$  left step side, RF together, LF step side [6]

## S4: Cross, Side, Sailor, Cross, Side, Behind Side Cross

1-2            RF cross over, LF step side  
3&4           RF cross behind, LF step beside, RF step side  
5-6           LF cross over, RF step side  
7&8           LF cross behind, RF step side, LF cross over

## S5: Heel Grind, Together, Heel Grind $\frac{1}{4}$ L, Together, Cross, Side, Sailor

1-2&          RF step forward on heel with toes left, LF turn R toes right and step back, RF together  
3-4&          LF step forward on heel with toes right, RF  $\frac{1}{4}$  left turn L toes left and step back, LF together  
5-6           RF cross over, LF step side  
7&8           RF cross behind, LF step beside, RF step side [3]

## S6: Heel Grind $\frac{1}{4}$ L, Together, Heel Grind, Together, Cross, Side, Sailor $\frac{1}{4}$ L

1-2&          LF step forward on heel with toes right, RF  $\frac{1}{4}$  left turn L toes left and step back, LF together  
3-4&          RF step forward on heel with toes left, LF turn R toes right and step back, RF together  
5-6           LF cross over, RF step side  
7&8           LF  $\frac{1}{4}$  left cross behind, RF step beside, LF step slightly forward [9]

## S7: Toe Heel Switches, Claps (x2)

1&2&          RF touch beside, RF together, LF touch beside, LF together  
3&4&          RF dig heel forward, clap, clap, RF together  
5&6&          LF touch beside, LF together, RF touch beside, RF together  
7&8&          LF dig heel forward, clap, clap, LF together

## S8: Rock Across Recover, Chassé (x2)

1-2            RF rock across, LF recover  
3&4           RF step side, LF together, RF step side

5-6 LF rock across, RF recover  
7&8 LF step side, RF together, LF step side [9]

**Start again**

**Restarts: Dance the 1st and 3rd wall up to and including count 48 (count 8 of the 6th section) and start again**

**Tag 1: Dance the 2nd wall up to and including count 32 (count 8 of the 4th section), add:**

&1-2 RF step beside on ball foot, LF cross over, hold and continue the dance on count 33 (count 1 of the 5th section)

**Tag 2: Dance the 4th wall up to and including count 32 (count 8 of the 4th section), add:**

&1-2 RF step beside on ball foot, LF cross over, hold and continue the dance on count 33 (count 1 of the 5th section) up to and including count 56 (count 8 of the 7th section), repeat section 7 and go on with section 8

**Bridge: After the 5th wall:**

1-4 RF cross over, LF step back, RF step side, LF step forward

**Ending: Dance the 6th wall up to and including count 30 (count 6 of the 4th section), then:**

7&8 LF  $\frac{1}{4}$  left cross behind, RF step beside, LF step slightly forward and end with section 7 twice (Toe Heel Switches) [12]

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