

# You Are

**COPPER KNOB**  
BY STEPHEN

拍数: 48                      墙数: 2                      级数: Easy Intermediate waltz  
编舞者: Pauline Greenwood (AUS) - December 2017  
音乐: You Are the Reason - Calum Scott : (Album: Only Human - Deluxe - 3:24)



**POSITION: Feet Together Weight On Right Foot**  
**Dance Starts On The Word 'Heart Beat' after 48 Count Introduction (16 Secs)**

**[1 - 6] BACK, TOUCH SIDE, HOLD, CROSS, HITCH CROSS, HOLD.**

1 - 2 - 3              Step L back, Touch R toe to R side, Hold,  
4 - 5 - 6              Step R across L, Hitch L across R, Hold.

**[7 - 12] CROSS, SIDE, ROCK, CROSS, TOUCH, HOLD.**

1 - 2 - 3              Step L across R, Step R to R side, Rock weight to L,  
4 - 5 - 6              Step R across L. Touch L toe to L side, Hold.

**[13 - 18] CROSS, SIDE, ROCK, CROSS, QUARTER TOUCH, HOLD.**

1 - 2 - 3              Step L across R, Step R to R side, Rock weight to L,  
4 - 5 - 6              Step R across L, Turn 1/4R touching L toe to L side Hold, (3,00)

**[19 - 24] WALTZ FORWARD, WALTZ BACK.**

1 - 2 - 3              Step L forward, Step R beside L, Replace weight to L.  
4 - 5 - 6              Step R back, Step L beside R, Replace weight onto R.

**[25 - 30] SWAY, SWAY.**

1 - 2 - 3              Step L to L side and sway L hip, Hold for 2 counts  
4 - 5 - 6              Step R to R side and sway R hip, Hold for 2 counts

**[31 - 36] SIDE, BEHIND, ROCK, SIDE, BEHIND, ROCK.**

1 - 2 - 3              Step L to L side. Step R behind L, Rock weight forward to L,  
4 - 5 - 6              \*\* Step R to R side, Step L behind R,\* Rock weight on to R\*\*

**[37 - 42] BACK, SWEEP, BACK, TOESTRUT QUARTER.**

1 - 2 - 3              Step L back, Sweep R around and back, Step R back,  
4 - 5 - 6              Step L back, Touch R toe beside L, Turn 1/4R drop R heel. (6.00)

**[43 - 48] WALTZ FORWARD, WALTZ BACK.**

1 - 2 - 3              Step L forward, Step R beside L, Replace weight on to L,  
4 - 5 - 6              Step R back, Step L beside R, Replace weight onto R.

**REPEAT**

**PLEASE NOTE. A quick-flowing waltz.**

**There is a Restart on Wall 9 Count 36\*\* the music pauses for 12 counts, then Turn 1/4R and restart Wall 10 (6.00)**

**ENDING \* Wall 11 for Count 36 Turn 1/4L stepping R forward (12.00)**

**Contact: [www.pgldgeelong.com.au](http://www.pgldgeelong.com.au) - email [pauline@pgld.com.au](mailto:pauline@pgld.com.au)**