

I Got This

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Ed Tetreau - December 2017
音乐: I Got This - Jerrod Niemann



Begin dance with vocals (16 count intro)

S1: WALK -WALK -SHUFFLE FWD - SHUFFLE FWD - WALK - WALK

1-2 Step R forward, step L forward
3&4 Step R forward, step L together, step R forward
5&6 Step L forward, step R together, step L forward
7-8 Step R forward, step L forward

S2: ROCK/RECOVER - COASTER - KICK/BALL/CHANGE - STEP FWD - ¼ TURN RIGHT

1-2 Rock forward onto R, recover back onto L
3&4 Step R back, step L together, step R forward
5&6 Kick L forward, step onto ball of L, change weight to R
7-8 Step L forward, turn ¼ right (weight to R) ** SEE NOTE FOR END OF DANCE **

S3: BEHIND - SIDE - CROSS SHUFFLE - ¼ TURN SHUFFLE BACK - ROCK/RECOVER

1-2 Step L behind R, step R to side
3&4 Step L across R, step R to side, step L across R
5&6 Turn ¼ left stepping back on R, step L together, step R back
7-8 Rock back onto L, recover forward onto R

S4: ROCK/RECOVER - COASTER - KICK/BALL/CHANGE - STEP FWD - ½ TURN LEFT

1-2 Rock forward onto L, recover back onto R
3&4 Step L back, step R together, step L forward
5&6 Kick R forward, step onto ball of R, change weight to L
7-8 Step R forward, turn ½ left (weight to L)

** RESTART HERE ON WALLS 3 & 6 (becomes wall 4 & 7 respectively at restart) **

S5: RIGHT - BEHIND - SIDE SHUFFLE - ¼ HITCH TURN

1-2 Step R to side, step L behind
3&4& Step R to side, step L together, step R to side, turn ¼ left lifting L knee

SIDE SHUFFLE - ¼ HITCH TURN - STEP - TOUCH

5&6& Step L to side, step R together, step L to side, turn ¼ left lifting R knee
7-8 Step R to side, touch L beside R

S6: ROCK/RECOVER - COASTER - KICK/BALL/CHANGE - STEP FWD - ½ TURN LEFT

1-2 Rock forward onto L, recover back onto R
3&4 Step L back, step R together, step L forward
5&6 Kick R forward, step onto ball of R, change weight to L
7-8 Step R forward, turn ½ left (weight to L)

START AGAIN

** Restart the dance after count 32 on walls 3 & 6.

** At end of dance on wall 8, replace count 16 with ½ turn instead of ¼ turn to end dance facing 12 o'clock.

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