

Dunk It!

COPPER KNOB
BY STEPHEN

拍数: 72

墙数: 1

级数: Phrased Intermediate / Advanced -
NC'ish



编舞者: Dee Musk (UK), Kate Sala (UK) & Niels Poulsen (DK) - November 2017

音乐: Swish Swish (feat. Nicki Minaj) - Katy Perry : (Clean Version - amazon)

Intro: Start after 32 counts (app. 27 secs into track). Start with weight on RIGHT foot.

Sequence: AB, A 24 counts, Tag 1, AB, A 24 counts, A, A, AB, A, Tag 2, A, A 28 counts.

NOTE: The clean version of the track is only available for purchase on www.amazon.com.

The explicit version from iTunes phrases in exactly the same way as the clean version

A – 32 counts/Pop funky/1 wall (The A part always starts facing 12:00)

A[1 – 8] L&R samba steps, place L fwd, twist ¼ R, twist ¼ L, R kick ball change

- 1&2 Cross L over R (1), rock R to R side (&), recover onto L (2) 12:00
3&4 Cross R over L (3), rock L to L side (&), recover onto R (4) 12:00
5 – 7 Step L fwd (5), twist heels L turning ¼ R onto R (6), twist heels R turning ¼ L onto L foot (7) 12:00
8&1 Go up onto ball of L foot kicking R fwd (8), step R next to L (&), change weight to L (1) 12:00

A[9 – 16] R rock fwd, walk back R&L (with optional arms), out R, HOLD, ball side R

- 2 – 3 Rock R fwd (2), recover back on L (3) 12:00
4 – 5 Walk back R and touch L shoulder with R hand (5), walk back L and touch R shoulder with L hand(5) 12:00
6 Step R out to R side touching your hips with both hands (6) 12:00
7&8 HOLD (7), step L next to R (&), step R to R side (8) 12:00

A[17 – 24] Sailor ¼ L, sailor ½ R, ¼ L toe strut, R toe strut in place

- 1&2 Cross L behind R (1), turn ¼ L stepping R next to L (&), step L diagonally fwd L (2) 9:00
3&4 Cross R behind L turning ¼ R (3), turn ¼ R stepping L next to R (&), step R fwd (4) 3:00
5 – 6 Turn ¼ L touching L toes fwd (5), step down on L foot (6) 12:00
7 – 8 Touch R foot slightly out to R side (7), step down on R (8) * Tag + restart here 12:00

A[25 – 32] Fwd L, full L paddle turn with points, behind side cross, L side rock

- 1 – 2 Step fwd on L (1), turn 1/3 L on L pointing R to R side (2) 8:00
3 – 4 Turn 1/3 L on L pointing R to R side (3), turn 1/3 L on L pointing R to R side (4) 12:00
5&6 Cross R behind L (5), step L to L side (&), cross R over L (6) 12:00
7 – 8 Rock L to L side twisting body slightly L (7), recover on R twisting body slightly R (8) 12:00

B – 32 counts/Nightclub'ish part/1 wall (The A part also always starts facing 12:00)

B[1 – 8] Cross sweep slow, weave with sweep slow, behind ¼ R

- 1 – 2 Cross L slightly over R sweeping R to R side (1), sweep R fwd (2) 12:00
3 – 6 Cross R over L (3), step L to L side (4), cross R behind L starting to sweep L to L side (5), finish sweep to L side (6) 12:00
7 – 8 Cross L behind R (7), turn ¼ R stepping R fwd (8) 3:00

B[9 – 16] ½ R sweep slow, behind side, cross rock, side cross

- 1 – 2 Turn ½ R stepping back on L starting to sweep R to R side (1), finish sweep to R side (2) 9:00
3 – 6 Cross R behind L (3), step L to L side (4), cross rock R over L (5), recover back on L (6) 9:00
7 – 8 Step R to R side (7), cross L over R (8) 9:00

B[17 – 24] Slow R basic nightclub, ¾ R sweep,

- 1 – 4 Step R a big step R (1), drag L towards R (2), step L behind R (3), cross R over L (4) 9:00

- 5 – 6 Turn ¼ R stepping back on L sweeping R to R side (5), continue turning ½ R on L (6) 6:00
7 – 8 Step down on R (7), walk fwd on L (8) 6:00

[25 – 32] Turn ½ R, Hold, walk L, Hold, step ½ L X 2

- 1 – 4 Turn a sharp ½ R onto R foot (1), HOLD (2), walk fwd L (3), HOLD (4) 6:00
5 – 8 Step R fwd (5), turn ½ L onto L (6), step R fwd (7), turn ½ L onto L (8) 6:00

B[33 – 40] R jazz box, cross, R side rock, recover on R, jump on R (with arm styling...)

- 1 – 4 Cross R over L (1), step back on L (2), step R to R side (3), cross L over R (4) 12:00
5 – 6 Rock R to R side swinging arms R (5), recover onto L swinging arms L (6) 12:00
127 – 8 Recover onto R foot swinging arms R imagining you grab a ball (7), jump off on R dunking the ball into the net (8) Styling: your body should be opened up to R diagonal 12:00

Ending When doing your last A do up to count 28 and you will naturally end facing 12:00 □ 12:00

Tag 1: L toe strut, R toe strut.

- 1 – 4 Strut L toe to L side (1), drop L heel (2), strut R toe R side (3), drop R heel (4) 12:00

Tag 2: L & R side rocks with arm swings

- 1 – 4 Rock L to L side swinging arms L (1), recover on R swinging arms R (2), repeat counts 1 - 2
12:00

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